

Directed
Energy
Targeting
Memoir From
2004 to 2019
(Foul Play by
the
Government/Pen-
tagon)

STEPHEN P. WATSON

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Dedication

This is dedicated to my Grandmother V. Day who had a Masters in English and was an English school teacher. She helped me get a GED.

Acknowledgments

To those who I met going to protest standing up against our abusive government. We're all fallible. Everyone deserves due process or the right to be left alone. Being inquisitive, free expression is not a crime.

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Introduction

My story is about being targeted with cruel directed energy weapons now being covertly used against people. I don't know the extent of the program. Others believe that they are being targeted with directed energy. I do believe it involves some aspect of our alarmist post-9-11-01 government, watch-listing, the scary surveillance system. This is from doing research and also considering the scale of the harassment. I've experienced

stuff like the perpetrators getting in the neighbors apartments in order to use equipment at close range; targeted in a government workspace as a private security guard. The security contractor client was a quasi-government agency with Federal connections protecting critical infrastructure or involved in counter-terrorism. I would also be followed to hotels and Airbnb's, harassed on flights and later determining that the equipment is portable/carry-on and the perpetrators flying along are like an air marshal. Then there is long distance directed energy that I can feel using public transit in New York and driving around busy metropolitan areas like Los Angeles or Dallas in a rental car. Some have speculated satellites, I tend to believe it's from RF antennas or equipment from defense contractors that can be disguised. This is only speculation of course but from driving from Pasadena, California to Palm Springs out in the desert away from population and feeling nothing I could postulate that the equipment used for RF harassment is in city areas. Some skeptics or journalist, usually the freelance variety contributing to publications like VICE or the New York Times will write one off articles on targeted individuals. These articles using titles like "Mind Games, The Tortured Lives of Targeted Individuals..." are usually not very good. It's usually has a mental health or techno-phobias with heavy reliance on a

psychologist expert, less so on actual technology. The truth is the technology that is out there and the amount we spend on defense programs is kind of scary. Most people don't realize the big defense contractors rake in Billions of dollars annually. Journalist also don't look at the intelligence industry or the neo-liberalized intel contractors who offer threat mitigation services. An industry of snooping and stalking that gets very little attention. One look at a job board for Surveillance Role Players (SRP's) and you have to wonder what these people that can hold a security clearance are really being trained for. It sent like America is being overrun by terrorist that need 007 contractor chasing them. In fact, even though terrorism certainly looks bad or the active shooter the odds of you being killed by one is like winning the lottery. This is from looking at mortality statistics. Then one has to wonder why so much emphasis has been put on terrorism. If the threat isn't as big as people dying from the flu or the average American just being fat or obese then one has to wonder if the so called war against terror is a bit overzealous, an excuse for big government to spend those tax dollars. Inevitably, the person who suffers is not the victim of a terrorist attack but an overzealous government that is now very much tied into the private industry as you'll later learn with Private Intelligence Agencies or PIAs. When it comes to targeted individuals

it also doesn't help that the targeted individual community is marginalized. A mixed bag of people who mostly make conspiratorial claims on Facebook. Who are these targeted individual accounts on social media like Twitter, Facebook, Youtube? It's like half the people on Facebook claiming to be targeted individuals have an alias or there isn't a lot of info about them. I have a real name, where I really live, work etc. on Facebook. I recon, hell if I'm being extrajudicially persecuted I might as well be honest about it. It isn't like my future is that bright or standard of living is that high anyways. In recent years there's been controversy over hybrid warfare. Fake social media accounts planting false stories to create discord in our own society. Some of these fake accounts by troll factories from another country like Russia. I use the word troll factories plural because I know Russia is probably not the only guilty party. When posting videos to YouTube about my own targeting experience here came all these fake accounts that looked like they just been created in order to flame, ridicule, or troll in the responses. I think one of my most popular videos was comparing my targeting to the mercenaries who worked for Blackwater charged with killings in Iraq or war crimes. And now comes the other elephant in the room and that's our own countries role in Crimes Against Humanity. It's stuff like "death

squads, kidnappings and forced disappearances, unjust imprisonment, enslavement, torture, rape, political repression, racial discrimination, unethical human experimentation, extrajudicial punishments.” Those are some of the descriptions in Wikipedia but just because it came from Wikipedia doesn’t mean it’s fringe. What you will read in this book, that is being documented on my part, would be considered Crimes Against Humanity. You know, stuff like torture, unethical human experimentation, extrajudicial punishments. This of course is an ugly subject matter, like what is termed the disposition matrix or America’s role in drone strikes, or rendition, detention, interrogation (RDI); black sites but of course it’s something that can’t be ignored. Neither can my targeting even if there are efforts to marginalize victims of covert harassment or stigmatize all targeted individuals as tin-foil. Unfortunately, what you will read about is very real and physical in nature. This book also serves as a type of documentation and is not intended to be political. There are the right wing conspiracy types who rally around Trump, usually lacking a chromosome who belong at a wrestling match. Then there are the food-stamps-still-in-love-with-Obama-supporters who believe in big government. I am neither of them. Living in Liberal Progressive New York I see the homeless problem, filthy subways, economic disparity

within rising rents. The problems in America's decline and my own targeting can't be attributed to one political party but is bipartisan in nature. My targeting started under Bush, got worse under Obama, and didn't improve under Trump who likes throwing money at the military. In fact, military spending on directed energy has increased. That's all a targeted individual being bullied and picked on needs is more military and weapons development. Writing to my political representative Charles Rangel, Chuck Schumer etc. went of deaf ears. The same politicians that enjoy Federal dollars coming their way. My faith in the political establishment or president Trump being the targeted individual savior is about zilch and I doubt my vote will make much difference. It isn't like I want to write this book but living in a country that is oppressive but isn't supposed to be oppressive leaves me no choice. It's my contribution to a country that has a legacy of slavery, segregation, lynchings, the largest prison population, Abu Grahb, Agent Orange, MKULTRA...the list goes on and that's not just conspiracy theory. What I describe can also be attributed to the type of society we live in. It's not only Antifa or White Nationalist who lack tolerance throwing sticks and stones at each other but our own government. Maybe that's an aspect of a declining power. Sociologist, political scientist etc. take note. My criticism toward my own

country of course does not mean there can not be redemption. As stated using examples of slavery or segregation. Evils of the past have been exposed and corrected; today is no exception even though America may be in decline. Some targeted individuals will try and divert blame claiming its not only America with people protesting directed energy or covert abuse in Poland, Japan, Korea, other parts of the world yet I will argue even though that is true, look what our country is supposed to stand for. We are supposed to be above the fray not tolerating despotic abusive behavior. Let's not divert blame away from the abusive counterterrorism or national security apparatus that is making a buck out of the misery of others which is wrong. Am I a terrorist? Maybe in the eyes of a tyrant that likes pushing buttons to remotely inflict pain and I don't have to defend any of my actions since those abusing power do not believe in due process. The evidence that you will read about in this book however points to the true guilty party. The one that wields the cruel hand of power and has gone down that slippery COINTELPRO slope. This should alarm American's that have had their blinders on. Washington D.C is much worse than you have thought, even though your opinion of Congress or the Senate may have already been low. I'm not implying to overthrow the government (although those sorts of things do happen as governments become more

corrupt over time as people take to the streets) but what I am arguing is the necessary safeguards so technology like directed energy is not being abused against citizens is not in place. People need to know what the government is using against its own people if it's covert weaponry or some type of non lethal weaponry. The temptation for abuse is just too great and that is exactly what is happening. Toward the end of the book I give solutions in what should be done to stop the abuse of directed energy and that is re-examining the Patriot Act, the powers given to Federal authorities following 9-11-01 or what some term the "dark enlightenment." We don't need to return to feudal times. This isn't Game of Thrones. We need a system of transparency where there is an understanding, going back to the basics where a person can not be persecuted or discriminated against by their own government or private entities affiliated with the government unless they have been convicted of a crime and the punishment should be known to and understood by all. Not skirting around people's First Amendment rights or cheating by law enforcement trying to be Minority Report using Palantir Technologies.

What Is Directed Energy?

Directed energy has been around since

the 20th century in various forms and is hardly a thing of science fiction like some clueless journalist claim it is. i.e. Nikola Tesla's supposed death ray. The problem with directed energy has always been its size, like a big chemical laser or using something cumbersome in a practical way to be useful in warfare. There are chemical and gas lasers powerful enough to cut steel to the weak lasers you take for granted like those used to scan bar codes at the grocery store check out line. In more modern times things have changed where the technology has become solid state, smaller making powerful directed energy weapons or DEWs more viable. As I write this book I see a web page for the IDGA's 5th Annual Directed Energy Systems Summit that will take place in July of 2020. It goes on to state that directed energy has grown in popularity amongst the "Department of Defense and federal government." (The IDGA's reference to the Federal government is interesting since big brother may be the source of my harassment). If you are not familiar with directed energy the easiest way to understand it is to think of a laser. Directed energy works in the same way. It's energy directed toward a target using frequencies in the electromagnetic wave spectrum. A laser would direct photons or light like a dazzler that is pointed at a person's eyes intended to disrupt their vision but most directed energy weapons like those developed by the military

cannot be seen by the naked eye - they are invisible and can only be felt or you can see the effects of the directed energy hitting the target. The most common form of directed energy weapons are high-energy lasers or high powered microwave systems. It is like a powerful laser weapon by the military intended to shoot down a drone or missile. It is important to point out however that powerful directed energy weapons like high-energy lasers are not, thus far, intended to be used against people. I believe there are international laws that forbid that. It would also be a little too obvious, a person being burned alive by a high energy laser or having a clean hole burned through them would be a sign that high-energy lasers were being abused by the military that have access to such weaponry and a clear violation of international law, The Geneva Convention, etc. There is now debate amongst the military on the Law of Armed Conflict whether instantly vaporizing an enemy in battle with a powerful DEW would be okay since it minimizes suffering. I guess time will tell when DEWs are permitted to vaporize or kill enemy targets in battle but today it is prohibited.

Non-Lethal Weapons

Defense contractor Raytheon developed a directed energy weapon called the Active

Denial System and later a smaller version called the Silent Guardian. It's an anti-personnel weapon that when aimed at someone high frequency microwaves in the millimeter wave range hit the target and inflict pain to a person's skin. The initial intention was to disrupt unruly crowds. A comparable device would be the LRAD or the Long Range Acoustic Device directs highly focused loud audio. The LRAD has been put into practice by police and to ward off pirates aboard ships. Antipersonnel weapons like Active Denial or the LRAD are considered a non-lethal or less-than lethal weapon. This is because the weaponry is not designed to be lethal but act as a deterrent. A similar comparison could be made to a taser that police use. A taser is also a non-lethal weapon but it is a conductive energy device because it has to touch a person's skin in order to conduct electricity. Directed energy of course has the advantage of being used at a distance. Raytheon's Active Denial System (ADS) weapon had one disadvantage, it was not as compact as a taser. It was rather big in size and had to fit on a truck. Over the years Raytheon developed smaller versions of its microwave pain weapon called the Silent Guardian and Assault Intervention Device (AID). These units were still big in size but smaller than the Active Denial System. The AID that was tested at a LA county jail named the Pitchess Detention Center was intended

to be used against unruly inmates. This made news in the year 2010 with the ACLU objecting to the use of such a weapon over the potential for abuse and torture. The National Institute of Justice which is the R&D branch of the Department of Justice was also involved in the testing of the Assault Intervention Device (AID) and there was a desire to make such a device even smaller or more portable using solid state technology. Articles at the time were published in science magazines like WIRED and New Scientist around the year 2008 and 2009. After that point news of such a weapon seemed to disappear or no longer be reported, as if development went out of the public's eye due to the controversy. This is because people have always feared radiation weapons. Even if you make it non-lethal or "non-ionizing" it is still considered controversial. Case in point people's fear over smart meters or 5G wireless or leaks from a microwave oven. If the government told the public there is a microwave weapon that the authorities can aim at you and inflict pain if you get out of line it would cause much anger especially with civil rights organizations. There would be strong objections to it.

My Youth and My Dad Experiencing
COINTELPRO From His Interest in Flying
Saucers

I grew up in the Dallas-Fort Worth area. My family was poor. My dad worked in the semiconductor industry and always found ways to get fired asking for money from my grandparents. He was adopted as a child from Southern Italy. Came to America during the early 50s and grew up in Sherman, Texas. I guess what made my childhood unique was my father's fascination with flying saucers. Otherwise my upbringing albeit poor was normal. There were those innocent days of riding bikes with neighborhood kids through the suburbs. My Dad liked flying saucers partly because of movies like Forbidden Planet and the TV show Star Trek. He did not experience any alien abductions or close encounters like reported in UFO sightings (the stuff I was researching) but for him it was mostly from his imagination, what he envisioned as a Wright Brothers moment. Well that isn't exactly true either, he told me of being inspired by a UFO motor an alien abductee described in a tabloid magazine that he read during the 1970s. Trying to build a flying saucer may seem unusual to most but at the time it was not that unheard of. There was the Moller Skycar by an inventor named Paul Moller, also termed a VTOL or Vertical Takeoff Lift Vehicle and the military delved into flying saucers during the 1950s and 1960s with the Avrocar that was a ground effect vehicle lenticular craft. Today flying cars are very much under development by

several companies like the ride sharing service Uber who ironically wants to start testing flights in Dallas. In 2019 Ross Perot Jr. hosted a summit about the air taxi concept at a North Texas ranch. My dad claims he was approached by a representative of Ross Perot who wanted to look at one of his saucers being built in his back yard or the back yard of a house in Wylie, Texas in the 80s. During the late 1980s he started to run into problems that was very much like COINTELPRO. Before permanently moving back to Italy he claimed to receive death threats and when it came to jobs he was reduced to delivering pizzas and picking up beer cans. He suspected it may have involved my Grandfather but that didn't really reflect my Grandfather's character. I have a distinct memory as a child looking out the window and seeing two men in suits that reminded me of the Men In Black having a conversation with my father. My dad did piss off the city or Wylie over a neighborhood zoning issue believing his saucer hobby was junk. When I re-connected with my father in 2013 the directed energy harassment was very strong in what I suspected was something similar to Raytheon's Active Denial. I think that became part of the motivation in reconnecting with my father. I knew he was a very smart man around electronics. My father however was skeptical regarding my claims having worked around RF equipment in the Army claiming that powerful

microwave equipment would be fatal and that I could easily block it by holding up a thin sheet of tinfoil. His stint in the Army wasn't that long, partly from being a pacifist and my mother suffering from seizures. The irony is when my targeting started it had nothing to do with his work but I decided to release self-published books detailing his propulsion ideas for archival purposes and this did not really help my harassment but I was still exercising my first amendment right, I was doing nothing wrong regardless of how my research made those cyberstalking me, probably the Pentagon, not too happy. Sometime in the Spring of 2013 before reconnecting with my dad my mother also became the target of directed energy. I believe this occurred because she would always call to see how I was doing. It was unfortunate because she is a nice Christian woman that sometimes talks in tongue during emotional moments. Due to seizures in her college years she had to undergo experimental surgery on her brain and was never the same since. She still has a metal plate in her head. Before the surgery she was a speed typist and afterward had to re-learn how to talk. She was never classified as having a disability qualifying for benefits - I guess my maternal grandparents were too old fashioned and proud. I would later hear similar things by other targeted individuals - about targeted family. Targeted family was an intimidation tactic described in the 2014

Senate Intelligence report about the CIA's detention and interrogation program. While communicating with my father in 2013 he would later complain of computer interference like someone was interfering with the iPad I bought him and his internet like a denial of service attack. He also thought his solar panels may have been targeted with directed energy. There was an unusual occurrence where his panels received a jolt or surge or something screwy with the electronics - I forget the details. He was then told by a local junk yard where he would get electronic junk for his experiments that he was no longer welcome.

Early Directed Energy Assaults Post 9-11-01

The first signs of covert directed energy assaults came during my early internet days when I had a dial-up connection and it apparently tied into America's surveillance abuses. The internet wasn't as autonomous as I thought it was. Sometime in 2003 or 2004 I was posting to UFO forums, as well as compiling UFO information for a Geocities web site. Google or the internet search engines played a role. I would often search UFO terms and cross reference details from UFO sightings that I would read about on web sites. This was before social media became popular and I didn't know the Pentagon had a secret UFO study. The internet then consisted

of E-mail mailing list, internet forums, and HTML web sites, and of course search engines. When Geocities, a free web hosting web site went out of business I moved my UFO web site to Angelfire. At the time I was living in Dallas, Texas and working as a security guard at a construction site where a new international airport terminal was being built at DFW airport. My posting to forums was protected under the First Amendment but this seemed to not matter to those monitoring my activity. After posting to forums there would be a type of directed energy assault reprisal usually after getting into debates or a flame war with UFO debunkers. I would also post to a music mailing list and was accused of being a troll (a person who provokes) but my directed energy assaults coincided with posting to UFO forums not my interactions with other people regarding music. The directed energy at the time would be a type of high-pitched tone that would come in and out of the left ear followed by a sinus migraine and fatigue. Another symptom following a directed energy assault would be slurred speech, inability to clearly think like I was suffering from a concussion or traumatic brain injury (TBI). There was one security guard I worked with who was real sociable and was out of the army after serving in Iraq. The owner of this security company and Grand Prairie called Kenneth Mac would hold employee meetings where employees could

bring up issues. Out of the blue this former army person brought up the subject matter of UFO's while sitting right next to me. I was taken aback but brushed it off as coincidental. I just went along and said it is strange people report these objects. Now that I think back he was probably an informant and this is something I would also experience later while working as a security guard with other fellow employees as you will later read about.

The Culprits of My Targeting - The Pentagon

I tend to believe my abusive activity was happening under the cover of the Patriot Act. At the time of my early directed energy harassment it pre-dated the revelation of the NSA's PRISM (surveillance program) which was later leaked by Edward Snowden. Unbeknownst to me however at the time the Pentagon had a program called the Advanced Aerospace Threat Identification Program. UFOS were being investigated as a threat. This was in large part because Robert Bigelow who's a hotel chain businessman has an interest in UFOs. He was also friends with Nevada Senator Harry Reid who was convinced to allocate money toward UFO investigations. Bigelow also expressed concerns about China's growing interest in the UFO phenomenon. Today China is very much a concern due to it being a rising economic power. How Bigelow knew China

had a growing interest in UFO's is unclear. My information came from public sources, something anyone could have researched from UFO web sites and UFO literature. I didn't come across much information on Chinese UFOs or Chinese UFO research organizations. I know now that threat mitigation plays a big role in the targeting or an excuse to target people but then the Government's attitude toward UFO's was dismissive. It's interest in UFO's seemed to end with the closure of Project Blue Book during the late 1960s. It was one of those conspiratorial subject matters that you would see on the internet or an episode of the X-Files. I remember participating on MUFON's UFO forum when Robert Bigelow was funding MUFON so he could have access to their UFO database and have a team of people called the Star Team investigate UFO sightings. MUFON is an acronym for a popular non-profit UFO research organization in the US that investigates UFO sightings and keeps its own database usually with the witness names withheld. Eventually MUFON and Robert Bigelow had a dispute over funding and his involvement with the organization ended. When the Pentagon canceled its UFO study Robert Bigelow claims to have continued to have funded the program spending millions of dollars out of his own pocket. Robert Bigelow at the time was aware of a Pentagon threat study but many in the UFO community

including myself did not. There is now some controversy over the Advanced Aerospace Threat Identification Program. Some have cast doubts whether such a program was necessary citing some of Robert Bigelow's affiliations like Dr. Hal Puthoff who is described as a parapsychologist (the study of psychic phenomenon) and then there was the alleged paranormal happenings at Skinwalker Ranch, stuff that you would hear about on the Art Bell radio program. A person who claimed to be affiliated with the Pentagon's program named Luis Elizondo has also come under scrutiny. UFO bloggers today have put his credentials into question and cast suspicion toward a private company venture formed following his departure from the Pentagon called To The Stars Academy that capitalized on the leaking of videos and UFO incidents involving the Navy. Some in Ufology claim To the Stars is a front organization for propaganda. I can't prove Luis Elizondo who has senior counterintelligence officer listed in his credentials was involved in my cyber stalking or directed energy assaults nor that Robert Bigelow was involved but I knew my UFO research was upsetting someone in Government who had both the surveillance capabilities to cyber-stalk and the ability to have access to directed energy weaponry intended for harassment. As I explained earlier in the book my targeting coincided with posting to UFO internet forums that were

obviously being monitored. Luis Elizondo represents something that is called privatized intelligence or PIAs (private intelligence agencies). These are people in the defense/intelligence world that get into the private sector doing much of the same work they did in government, in some cases still holding a security clearance. It's all intended to make a profit. Luis Elizondo himself boast about still holding a security clearance.

My UFO Research Hobby Revealed Government Abuses Like UFO Witness Harassment of Civilians

Some may be curious to know what I may have discovered from researching UFOs that made me a target by the Pentagon who also had their own UFO study. This is a question I often ask myself: what did I reveal to make people at the Pentagon so mad? Unlike Gary McKinnon the British UFO hacker who hacked into Government computers I never was into hacking but instead looking at what people reported in UFO sightings and then I would organize the UFO data in various categories. One such category that stood out was UFO witness harassment. It's something I could entirely relate to later becoming a target myself. There was one interesting UFO witness harassment case from 1987 involving Danny Gordon who worked at a radio station in Wytheville, Virginia and would receive

calls from listeners about UFO sightings and later have his own profound sighting with a friend while driving in his car. After holding a press conference and contacting the Government for answers he started to receive threatening phone calls, home break ins. One person who called Danny's home claimed to be former military intelligence officer who researched UFOs and his son was given leukemia because it upset the government. He warned Danny that his prying into UFOs was also upsetting the government as a type of warning. Likewise Ricky Sorrells started to receive harassment by the military and helicopter flyovers after speaking to the media during the 2008 Stephenville, Texas UFO flap about a rather large UFO craft he observed above his property. My own harassment was a result of researching UFOs on the internet looking at commonalities and posting it to a web page. Alfred Lambremont Webre claims in 1977 he led an extraterrestrial communication study under the Carter white house to try and decrease the knowledge gap about what the public knows about UFOs and the military-intelligence community and afterward being targeted with directed energy by the Pentagon. If true, this would have been a very early example of directed energy targeting. TV shows like the X-Files and popular overnight talk radio like Art Bell later in the 1990s also made UFO cover-up conspiracies

very popular with the public. Opinion polls show that people do not believe the government is telling the truth about UFOs. That said many UFOs can be explained away as IFOs or identified flying objects like a Chinese lantern, the international space station (ISS), a bright star in the sky, misidentified aircraft, and now the popularity of drones. Some UFOs with advanced flight characteristics may not be extraterrestrial but secret or experimental craft. This is called the Secret Weapons Hypothesis. People who believe some UFOs are not from around here believe in the ETH or Extraterrestrial Hypothesis. Those who fit the latter are usually UFO enthusiast or UFO organizations who go to UFO conventions which has become a type of subculture. People who make a name for themselves studying UFOs or investigating UFOs are part of Ufology or consider themselves Ufologist. Some people like the Pentagon's Advanced Aerospace Threat Identification Program (AATTIP) prefer the term UAP or unexplained aerial phenomenon to UFO because of the alien or conspiratorial connotation the acronym has. My own opinion about UAPs, UFOs is although I learned more and certainly gleaned more details, not all of which I covered here, is it is a bit like a quandary. Although there are many intriguing and compelling cases that make you believe we are being visited by aliens it is still mostly all based on stories or

recollections told by a person. Not exactly scientific hard evidence like that of an alien craft or alien body that is revealed to the public. There has been some physical trace cases, even alleged UFO debris, or alleged alien implants examined by Ufologist but certainly not the type of evidence embraced by the wider scientific community.

Photographs and video or certainly fun to look at and debate the authenticity but it doesn't seem to be the type of evidence beyond the shadow of a doubt that we are being visited by intelligence life forms operating advanced spacecraft with interstellar travel capabilities. My own father who had a fascination with flying saucers prefers not to believe stories of alien visitors but instead favoring the Secret Weapons Hypothesis. He tends to believe many UFO stories are contrived or made to cover-up secret craft that may be related to Nikola Tesla's electrical experiments or what is called the Secret Craft/Weapons Hypothesis.

The Move to New York City in 2006

After falling on hard times in 2006 I decided to make the move to New York. My security guard job ended in Dallas and my car also broke down. I had a little sister into art living in Brooklyn, New York and decided to take a Greyhound bus and try my luck over there where there was public transportation.

After a stint of becoming homeless during the summer I was able to get a security guard job in New York and rented a room in East New York through a room rental agency. I remember while homeless walking alone at the Coney Island subway stop and hearing Steven Greer of the UFO Disclosure Project on CoastToCoast AM talking about the UFO cover-up by the military industrial complex and cheering him on. Someone wanted me to know that I was being tracked after moving to New York. I had a pre-paid phone where I could hear a beeping tone every two or three seconds while placing a phone call. This continued for some time while I settled down in New York. I even recall visiting Stephenville, Texas in 2010, a few years after the town of Stephenville had a UFO flap that made national headlines and while looking for UFO T-Shirts I could hear the beeping tone on my cell phone. I was there on vacation from my security job in New York, I had a little sister who lived near Stephenville, she claimed to have her own UFO sightings and I was already familiar with the town because I lived there with my mom for some time during the late 1990s because Stephenville, Texas was in close proximity to my Grandparents. By 2010 my Grandfather was in a retirement home and I was also there visiting him with my mother who flew in from California. I recall my throat or thyroid area being targeted and having a cough experiencing discomfort. It

appeared my mom was suffering from the same thing as if she was also being targeted. I remember feeling sad that we could not visit my grandfather during his last days without being harassed.

2013 - The Active Denial "Millimeter Wave" Abuse Starts

In the Spring of 2013 I started to receive Active Denial or more extreme and constant electronic harassment in what I now suspect was Raytheon's or the NIJ's millimeter wave technology. It was not only me but my senior citizen mom who was renting a room in a two-story house located in Monrovia, California, at 210 West Lime Avenue. This coincided with rather suspect activity of a person who could be heard dragging equipment on the floor above and the feeling of directed energy or unbearable pain to my head and stomach. At the time I had been renting a room in a five or six story building located in Hamilton Heights in Upper Manhattan at 520 West 144 St. When the Active Denial assaults started by someone or people using equipment at close range. I already had been living in New York City for about six years. My first room rental was in East New York and then I later moved to Upper Manhattan. My mom at the time when the Active Denial assaults began was in a two story boarding house on 210 West Lime

Avenue. She claimed the equipment being used to harass her was coming from mischievous people from the room above her and described the sensation as waves moving across her body and creating pain to her head and stomach. I believe she would also report the sensation of tinnitus and what she described as flashing in front of her eyes. This may have been attributed to a metal plate that was placed in her head due to brain surgery during her young adult years. This activity would start up in the evening and prevented her from sleeping. She would try calling the Monrovia Police to no avail, they wouldn't do anything and my big sister who also lives in Pasadena, California would eventually move my mom to a retirement home in Pasadena near Lake Avenue when my mom was later evicted from the house by the landlord who's name I believe was Eddie H. My big sister was unwilling to believe that such a thing could be occurring and attributed it to her old age, claiming that my mom suffered from dementia. At first I was reluctant to tell my sister it was also happening to me knowing that my mother being targeted was an intimidation tactic thinking if I said nothing the bullies would see that it didn't work and go away, leaving her alone but after awhile I felt guilty and reconsidered telling my sister what was happening, she still was unwilling to believe or was in denial. I found after studying

targeted individuals this sort of denial by family members is very common. Meanwhile as I was getting assaulted by the pain ray in my room rental it was also happening at work during the overnight shift. I was posted in the lobby in a building near Union Square in Manhattan and was security guard for a private security guard contractor that dealt with mostly government agencies. The client was a quasi-government agency that answers to the Governor and at the time the Union Square location was their corporate headquarters. When I was at work it seemed to be coming from the ceiling above, as if the equipment was concealed and the pain sensation would dissipate if I left the area when going on building patrols. I was mostly targeted on my head and stomach and it was pretty painful, even a bruising sensation to the touch. I later read articles about defense contractor Raytheon's millimeter wave Assault Intervention Weapon that was tested on prisoners in 2010 and how it was mounted on the ceiling. There was a picture of a police officer staring at a monitor using a joystick controller. Articles in WIRED and New Scientist went on to describe the desire to create even smaller, more portable versions even concealing the the equipment behind panels in a room. I instantly knew that something similar was occurring in my situation. I recall one of the ceiling light fixtures directly above me would always go out with the light bulb

needing to be replaced. It seemed the main purpose of this Active Denial weapon abuse was to cause sleep deprivation since the targeting was heavy at home when I would go to bed after work in the morning. As eluded to earlier my mom would also claim the same thing, it was hard for her to get rest, claiming the targeting would start up in the evening. I payed a visit to the house in Monrovia some years later during a trip to California. It was a white wooden two-story house and appeared to be a boarding house with a number a tenants judging from the front porch area with signage and mailboxes. I proceeded to take some photographs. The landlord or person named Eddie who oversaw the place appeared to not be at home. I also payed a visit to the Monrovia Police Department inquiring about police records and was given a form to list the date and time of the alleged incidents or calls my Mom made to 911 in order to pull up a record. It was unclear if there would be any records since as previously mentioned the police would just show up and do nothing. Inaction by law enforcement is commonly reported by other targeted individuals as if law enforcement is aware or cooperating with Federal authorities or contractors involved, although this is only speculation. My mother afterword when questioned was less-than cooperative and didn't want to bring up disturbing things from the past or have me going to the house

thinking that it would just stir up more trouble or lead to a confrontation.

544 West 147 Street Apt 3D & Broadway,
Hamilton Heights, Upper Manhattan

This was another five or six story building. The room I was renting was on the third floor. The previous building that I rented a room on 144 street had an elevator. This building had only stairs. So it was a real chore to move my stuff going up and down the stairs. In this apartment I was renting the room from a young couple with a small boy - their mother would occasionally come by. I mostly saw the woman who I believe went by the name GiGi, at least that is what she wanted me to call her. What I always remember about this building is it had a long hallway with a chandelier leading up to the stairs. The stairs were winding going up to each floor that contained three or four apartment dwellings with room numbers. As I completed my move I felt bad for the older woman I used to rent a room from who fell ill and her family sold the apartment. She was a very nice person. Where I was now renting a room it was a young couple with their first child and I forget if my room was closest to the door, I believe it was, but the move was complete. Interesting enough though, during the move it seemed the directed energy when it first started out was intense. Maybe too

intense because I had a giant welt on the back of my neck. Now I felt relieved that I had escaped the ugly harassment where equipment could be heard dragging on the floor above me pacing my location. Some days past and I distinctly remember walking up the stairs past two men, one mid-aged and the other an older man wearing a black hat that reminded me of the old 1950 gangster movies or the Men In Black. They were both struggling to carry something heavy up the steps in what looked like a box container that was wrapped in a black plastic bag so people could not see the contents inside. I went up the steps past them acting nonchalant and turned around to look down to see what they were pushing up the stairs. They stopped in their tracks and looked straight up at me with a blank stare - like the equipment was intended for me. I don't think they were anticipating that I would be there in the building during that time and I caught the two men off-guard. Shortly afterward the Active Denial treatment would start up again. It became clear this was a coordinated effort involving a group of people. Probably more than one person in a building. As I lied down on the bed feeling a bit tired and stressed I experienced something like voice-to-skull. The sound could be described as one of those beeping tones you hear in a hearing test. I also remember at the time, especially when my pain ray harassment first started there

was a strong tinnitus in my left ear. I recall one day in my previous room rental on 144th street feeling groggy like I had been drugged after waking up to go to work. It makes me wonder if I was implanted or tagged. An older private intelligence agency called Blackbird Technologies specialized in what is called Tagging Tracking and Locating (TTL). The technology from my understanding would allow anyone who was tagged to be tracked electronically. It was an interesting theory of how the left ear always got the ringing, but I did not have the equipment or know how to detect such an implant. Back in my new rental room here came equipment being dragged on the floor above my head again pacing my position. This time instead of using an army helmet I wanted to try passive shielding. I knew I was being hit with directed energy but knew little about how to shield from it. So, I made my way to the hardware store. I bought lots of wire mesh and stapled it to the ceiling. Then I bought square metal plates; also some plywood. I remember hauling all this material on the subway, into the building, up the stairs into the room hoping to not be noticed. Bringing stuff into the room rental was not all at once but over time too. It was a trial and error to see if anything would work and become a barrier between me and the Active Denial assaults. Sometimes it would be material I found on the street, styrofoam or cardboard boxes. Around

the time I met the perpetrator who was on the floor above too and not by choice as it seemed I was being followed from behind. As I was walking up the steps to my rental room on the third floor behind me followed an aged 20-something African American male. He was about average height, lean, and somewhat muscular with a shaven bald head. I got to the apartment to open the door, he walked and got right up to my face, similar to boxers staring each other down before a bout. I didn't do or say anything or I may have said something neighborly, or asked who he was, I forget but it was definitely an invasion of my personal space and somewhat confrontational - very peculiar out of place behavior. I believe he smirked and continued walking up the stairs. I later found out that he lived on the fourth floor; the floor above and this is the first time I saw the person in the building. One thing about this building is it's easy to hear people moving around in other rooms like walking on the floor above or moving things. As I entered my rental room it seemed so did a person above me and I could hear them scuffle things around the room like they were setting up equipment. This time instead of moving out again I decided to stick around for a while because I was curious to see if I could shield from the directed energy assaults and also possibly find out who was doing it. The wire mesh stapled on the ceiling above wasn't something I tried right away, but it was after

some weeks or months of staying in that room rental. Many targeted individuals are curious about what material will work to alleviate some of the torment and be able to get some rest. The idea of the wire mesh is similar to the shielding that you see on a microwave oven door. The wire mesh placed on the ceiling did help a little but not much. I recall some targeted individuals stressing the importance of grounding anything metallic like a Faraday Cage or it will not be effective against the directed energy. I'm not sure if this is the case, maybe other TI's reading this can try grounding their metallic shielding, but grounding wasn't something I tried. As time went on I went from sleeping on the bed to having two mattresses with plywood propped open at an angle with me lying on the floor underneath, wearing the army helmet. I noticed there was a considerable difference in the amount of directed energy that could get through. I learned that obstructions like extra mattresses, bags of clothes, plywood piled on top of that, and putting more material between me and the person using the Active Denial weaponry lessens the effect. Later I learned this acts like a type of barrier or absorption against the RF. For awhile, I was able to get enough sleep but that did not last long. Then I felt bumping underneath my head while lying on the floor - like someone was positioning equipment below me on the second floor. Sure enough, the intensity of the

electronic harassment increased again. It did not help that it was in the dead of the summer time and I had no air conditioning. For some strange reason sleeping with the Army helmet on started to feel comfortable but in reality the days where I could relax in a room I was paying for were over.

Sleep Deprivation

During the early targeting days like in 2013 the electronic harassment was quiet intense. I could feel the nerves in the side of my head or temple throbbing. When you're suffering from sleep deprivation you're looking for ways you can get some sleep - scouting around areas where you maybe able to take a nap. I remember walking up the top of the stairs where there was a door to the top of the building and no other apartment doors. I saw an area where I could lay down on the floor trying to squeeze out a few hours of sleep. It was difficult, for one it was hot and then the thought occurred: what would happen if someone like the superintendent walked up the stairs to the roof and saw me there? Or the perpetrator knew I was there? So that was a no go. I would be walking down the street finding myself looking at the side of buildings, park benches, anywhere that looked like it was a safe place to take a nap. I actually tried sleeping on a park bench near Riverside Park on 145th street while the sun

was setting and it was just starting to get dark. As I lay there, I pretended to be asleep because I saw some neighborhood hoodlum staring at me from across the road, and he started opportunistically slowly walk toward my direction like he was going to do something. I quickly got up and said some not very nice words (you can fill in the blanks) but that quashed my efforts to take a nap on a park bench. It brought back memories of those trying times in 2006 when I first came to New York and had a short three month stint of becoming homeless, arriving at the Greyhound bus station at the Port Authority terminal on 42nd street with very little to no money and falling asleep in front of the Port Authority with pedestrians walking around. Then there was the time when I was homeless trying to sleep in a park in Brooklyn, New York. It was a park with a grassy hill with trees and a walk path was underneath. It was starting to get dark and I woke up when I creepily saw a man down a path who stood in his tracks looking at me with a blank stare like he wanted to do something, like he was a serial killer. He didn't look homeless or poor; was neatly dressed to blend in with society. I quickly got up and walked off. I remember during that homeless stint that I was so tired that objects would fall out of my hands. This also would sometimes happen when I started suffering from sleep deprivation being electronic harassed. The effects of sleep

deprivation are also painful like the sides of your temples throbbing or always feeling tired wanting to take a nap. Sleep is one of those things people often take for granted and some try to get by with very little but it is one of life's necessities.

The Log Distance Electronic Harassment Away from Home

As I referred to in the introduction of this book the directed energy assaults were not always close range like at work or in my rental room but there was long range activity. It wasn't as strong but very noticeable and enough to make a person feel uncomfortable. I would feel it like getting off work while walking down the street in Manhattan and waiting for a bus. I could feel the hairs in my ear canal moving around, what I would call a bug crawling effect - all the while having the ringing in the ear. it was especially strong when the Active Denial targeting began in 2013. Some targeted individuals have speculated that the directed energy is coming from satellites; others tend to believe it's from the RF antennas placed on top of buildings, like the ones you see for cellular coverage. Sometimes I wonder if the giant spire on top of One World Trade is a RF weapon or a secret weapon that can shoot a high energy laser if another plane approaches like on 9-11 but I'm only being half serious when I write those

thoughts. From my understanding the spire on top of One world trade is actually a broadcast antenna. I would also feel it on the subway and I would wonder how this was possible. I knew that the MTA does have devices to detect air quality and was thinking of giving subway cars cellular service; there is also Wi-Fi service in subway stations. Once while walking on the subway platform at Times Square 42nd street, a day when I was being targeted leaving home to go to work I felt the skin on my face having spasms, as if this equipment is placed in high traffic areas by homeland security. Cameras are of course everywhere in New York. It would be easy to monitor someone and have laser point accuracy using the long range directed energy that is concealed and not very noticeable. I always had the suspicion a defense contractor is involved. Maybe the installing of the more long range directed energy deals with critical infrastructure in thwarting a potential terrorist attack. One dead giveaway was after being targeted with the more long range directed energy driving in a rental car while visiting my Mom in California, I went away from the city of Pasadena to Palm Springs where the big wind mills are and feeling nothing. There was no ear ringing, or at the time discomfort in the mouth or jaw that was being targeted but dead silence. My mother too who was using a walker claiming to be targeted in the leg at

her retirement home started to feel normal and had no use for her walker. It was a surreal experience and of course upon returning to the city there was the sensation of being targeted with Active Denial directed energy again. In more recent years while visiting a family member in the Dallas-Fort Worth, Texas area the long range directed energy was strong while driving a rental car. It could be felt in the back of the neck giving a whiplash sensation when driving down I30 from Dallas to Fort Worth. If I put the car sun visor toward my driver side door window it seemed less severe. Just like in California when driving away from the city to a more rural area the pain sensation would dissipate. In this case I would go to Granbury, Texas which is an hour drive west of Fort Worth where my sister was living in a trailer home and it didn't seem very strong there. In the past like in 2014 renting a room on 22 North Lancaster Avenue in Dallas I would still get the long range directed energy while driving around on the freeway near the downtown and surrounding suburbs. It was more like the tinnitus or ear ringing effect that was strong enough to be unforgettable. It was interesting how the long range directed energy differed in different cities. In California it would come in and out at of the left ear at regular intervals and then on another visit it was the mouth and jaw. In Dallas during my stay there in 2014 the ear ringing had a higher pitch tone than California

and New York. It seemed over time new things were being tried out as in the case with my close range directed energy assaults involving people using equipment in an apartment room above or below me. The long range directed energy in how it is strong in a high population city or metropolitan area made me suspect it has something to do with a program dealing with critical infrastructure. What exactly is being used I'm unsure although, just from using shielding methods I know it's RF. Much of the cellular signals in the air and Wi-Fi is also RF, and 5G the newer much faster internet goes into the millimeter wave range as does Raytheon's Active Denial so it wouldn't be hard to mask equipment in the city of you look at all the cell towers that go virtually unnoticed and receive very little vandalism. In the country or less populated areas where towns are separated by lots of land the funding and equipment probably isn't prioritized to those areas. For me this kind of debunks the assertion made by some in the targeted individual community that claim long range directed energy is coming from satellites. Satellite based weaponry like a high energy laser or particle beam weapon goes back to Ronald Reagan's Strategic Defense Initiative or "Star Wars." These of course were powerful lasers intended to shoot down ICBM missiles in space during the event of a nuclear war. This isn't to say that I am an expert. Today there are many different types

of satellites but I the long range directed energy dissipated when away from large cities. I was targeted in a small town like Stephenville, Texas but this also involved perpetrator's using equipment at close range while I was staying in a hotel.

Seeing The Perpetrator on 147th Street

On 544 West 147th Street curiosity got the best of me and I had to see who the person was above me dragging the equipment. My window was facing the alleyway and the perpetrator's room was above mine also with a window. So, I put a small USB web cam on some sticks taped together like broom sticks to see if I could make out anything from the window above. I also purchased a long USB extension cable connected to my MacBook and the web cam. At first all I could make out was a curtain and what appeared to be a cardboard box concealing a part of the window, then there was a little opening in the curtain, but from what I made out it was not enough to reveal what was in the room, except I could make out a cot to the side of the room, which kind of made sense since if equipment was being dragged on the floor, then I saw what looked like a cable, thinking it may be a coaxial cable used for some type of equipment in my harassment. Later after analyzing the images and seeing lettering on the cable it turned out

to be strings to an Under Armour Gym Sackpack. It was just so close to the webcam it looked like some sort of voltage cable when viewing from the small web cam. It just goes to show when doing surveillance you have to be careful not to jump to conclusions. I knew what I was doing could get me in trouble because there are laws about being a peeping tom peering into a window even if it is based on suspicion; it's generally not a good idea, especially if you approach the authorities with your evidence or get caught, that said I wanted to have a look at the equipment being used in my harassment. This was always a temptation when being targeted at close range, I could hear the equipment being dragged on the floor or scuffling around and would always wonder what was being used. I tried another time and the perpetrator above seemed to be there and aware of my activity, as the camera approached the window a hand pulled the curtains to the side and there was the face of the African American male who gave me the intimidating stare on the staircase as described earlier. As he pulled the curtains to the side he yelled, "I see you!" I was a bit startled and taken aback but now knew who the perpetrator was. I thought he may call the police on me but nothing happened. This is something I observed about the perpetrators over time. They don't really get the police involved. When I think about it that kind of makes sense, I could request a

police report to see who the accusers were. Or another possibility why the neighbors would never call the police is the cops already knew who it was. i.e. A Federal agency like Homeland Security, the FBI, or an intelligence contractor doing undercover type stuff, maybe even the NYPD, their counterterrorism unit, although I have a hard time believing the cops would be directly involved in the Active Denial assaults even though they do test stuff signing non-disclosure agreements with companies as revealed in the 2018 POST Act; also using alleged military grade technology. I noticed that during this time the perpetrator was starting to get scared. I think the pain ray harassment was supposed to get me out of the way in short order like a covert action but that did not happen. When I left the room I could hear the perpetrator above put equipment away and proceed to shut his door and go down the stairs to exit the building. I decided next time I would pretend to leave by shutting my door and listen for him to leave then follow behind. That is exactly what happened, as he went down the stairs I waited until he got far enough away and then exited the apartment and proceeded to follow. I caught up with him when he was in the hallway and I started taking pictures with my iPhone and proceeded to follow behind him as he went to the store. His hand was always in his pocket knowing that I was trailing his position like he was carrying a firearm. I knew

that the directed energy assaults causing sleep deprivation was a type of provocation. if the targeted individual attacks then they are prepared to take you out, as if that sort of thing is anticipated.

No Response From The FBI

During the time of my pain ray harassment or Active Denial abuse in 2013 I did try filing suspicious activity reports on the FBI's web site to no avail - I never received a response. Then I looked up where the FBI was located and went downtown to the Federal Building, nearby was a printing place. I printed out a report with photos. My report specifically stated that I thought I was being hit with the pain ray and I put the pages in an envelope addressed to the FBI. It had my address, all the information pertaining to my ordeal. I encountered a security guard on in the lobby/ground floor area and wasn't given permission to go up. He asked if I knew who to speak to and I did not. He offered to take it and hand it to the FBI. After that I did not hear anything back. Interestingly enough, some people claim that the FBI refers them to law enforcement who are no real help which I later found out to be true when trying to approach the police. What's also interesting is recently I made an FOIA request in regards to any files pertaining to me that the FBI has and received a response that I have nothing on

file. It makes me wonder what happened to the reports I did through their web site and the one I handed to the security guard at the Federal Building. Sometime passed and I believe the perpetrator on 147th Street was replaced. I could tell it was a different person by the stomping on the floor above me. After a while, I decided to move again and try another place. The pain ray treatment was still intense; the room I was in was small and cluttered with the shielding material. I remember taking the wire mesh down from the ceiling and hauling the material down the stairs to the curb, wrapped in trash bags. I tried to be discreet and move out all the clutter when no one was there. I went to another room rental agency and got a room further uptown. The funny thing happened when I gave the tenant GiGi the keys and told her I was moving. I showed the cleaned-up room and she looked up at the ceiling like she saw the room when all the wire mesh on the ceiling and clutter was there but I never let her into my room. It means she snooped around when I was gone having an extra set of keys or let the perpetrators in. Later on you'll read about black bags. This is when the perpetrators will go through a person's house or private property.

520 West 162 Street Apartment #51,
Washington Heights, Upper Manhattan

The next room rental was in Upper Manhattan, the Washington Heights area. This room rental did not end well, I was eventually told to leave. I think the tenants got scared or got the wrong impression. The tenant in this building was named Nuna and she was a Spanish woman with two little girls. She did not seem very friendly; maybe on guard because of previous room renters. I got the impression she had trouble paying the rent and may have been behind on bills. A Latino man with a mustache would come by, I believe he was her boyfriend but the father was no longer there. I'm not sure of the exact details of her life but that was my impression; I sensed a bit of disfunction. There was also a younger man who came across as a loser and a bit slow mentally in the room closest to the door. At first, he was a bit testy when I moved in but then realized I kept to myself and he left me alone. My room I was renting was second from the door. This building too was about five stories tall and also did not have an elevator; it was a little rougher in appearance inside. Next to the building was a torn down lot where they were in the process of doing construction, building a new five story complex. There were a group of feral cats also staying in the empty lot. A person could see my window from 162nd street since there was an empty lot next to the building. This building had another advantage - I was on the top floor. There was no one to drag equipment

on the floor above mine. At first everything went well, like the previous room when I first moved in - and then it became apparent that I was being hit with directed energy from below, about two or three days later. I believe this happened at the previous building too, if you remember when I tried to sleep on the floor with the mattresses and plywood piled on top of me to shield from the perpetrator dragging equipment above but then came bumping underneath my head. So, the perpetrators using this pain ray equipment can get on the floor above or below in a building, except now they only had access to the floor below and the directed energy was pointed upwards. Here the pain ray was still intense - again I would have to try and shield myself by putting material between me and the perpetrator, sometimes grabbing material I found on the street. The Active Denial was so intense a person could not stay in the room without some type of barrier or passive shielding because the directed energy easily passes through a floor or ceiling. I remember my stomach and head was targeted a lot. My sleeping position was facing down on the mattress because I rarely sleep on my back. During the stay at this building I decided to try other shielding methods. I purchased a thicker type of space blanket or mylar blanket at a camping/outdoor store and it helped a little, I forget the brand but it had an orange/reflective appearance. I found this was

better than the cheap-thin disposable mylar blankets used in emergencies, it also lasted longer. Since the electronic harassment was intense and almost unbearable at times I piled stuff below the bed and mattress to see if it had any shielding effect. Also, since it was getting cold, fall weather was approaching, I tried wearing winter hats when going to sleep since the head was targeted a lot. One thing I found that was effective in shielding was a big laundry-bag full of clothes densely packed or thick material like blue jeans - It seemed to act as a type of absorption or it made it harder for the directed energy to penetrate. One thing new I did in this room rental was purchase a TriField EMF Meter to try and gather some type of evidence of the directed energy assaults or see if I was able to take measurements.

EMF Meters

When I was on 162nd street, I tried gathering evidence by buying survey meters or what are called EMF meters like a TriField Meter. These type of measuring devices are consumer grade products that you see people use on Ghost Hunter TV shows or you see people on the internet who try to measurements of smart meters. The frequency range is a bit limited due to the cost. I believe the TriField only had the range of a microwave oven when set to the

microwave band setting. It also had two magnetic settings. I also bought other products from a company called Less EMF that sells electromagnetic shielding material to consumers. Many people are concerned about the harmful effects of wireless signals or smart meters etc. Whether this is unfounded or not there are customers for that type of product. Some people claim that they suffer from electro-sensitivity. Another product I bought detected electromagnetic interference by creating a hum when it detects something electrical like an electrical outlet or a light fixture where there is electricity. I later learned you could use a portable AM radio set on noise between two stations to do the same thing. Higher-end equipment like survey meters with probes and spectrum analyzers were expensive and required a certain level of technical expertise (this type of equipment though would have been more ideal in my situation). These are used by the professionals around RF equipment. I did purchase one device by Narda from Ebay I believe it was called the Nardalert S3 or maybe an older model of that variety. I then sent it off to Narda in New York to have it calibrated and some weeks later got it back with a certificate of calibration. The Nardalert S3 looked like a big pager for people who worked around RF equipment; the worker would clip it on to a belt to detect harmful RF. I believe it would make a beep or

tone if harmful RF levels were detected. The problem with the Narda unit is it worked with old PC software in order to adjust the settings and also to see a log of readings. It was an older model to the company's more current product line. At the time I just had a MacBook. After having not much luck with the unit I later re-sold it on Ebay. The TriField Meter was not able to pick up the directed energy frequency in the microwave band but may have indirectly picked up a byproduct of the equipment being used when I set it on the floor where I was laying on the bed and switched it to magnetic range. The needle on the TriField dial started moving as it detected something. Was this a light fixture or some type of equipment positioned underneath my location? Sometimes there would be no reading there on the TriField but sometime later I was able to pick up a reading at the same location by placing the TriField on the floor near where I was lying down on the bed. I also made a discovery, while the activity was strong I put my ear to the floor since I was on the top floor to see if I could hear anything from underneath, and sure enough there was a low modulating sound that went 'whump... whump...whump...' at regular intervals. This is a sound that I would be able to record using a piezo-electric microphone or pick-up mic. I believe it was related to whatever equipment was being used. This wasn't the only building where I could hear that sound in relation to

strong directed energy or Active Denial assault activity.

520 West 162 Street continued...

My stay at 520 West 162nd Street was until the following Summer. One interesting thing was the perpetrators room below mine had the window always half open with curtains drawn but I think it was always like that even when I moved in. The electronic harassment was so intense during times of strong activity I was tempted to stick my arm out my window and bang the perpetrators window using a broom stick. There was another time I was so mad I was tempted to yank on a cable from the roof that went into the perpetrators apartment. When a person feels physical pain an angry response is a natural fight to fight reaction. What I was encountering was nothing short of torture. I also put a web cam onto a stick and tried to look into the window. The curtains made it hard to see what was exactly in the room using the web cam, I did make out something rectangular shaped like the backside of a window air conditioner unit but nothing really conclusive. Interestingly enough, as in previous room rentals the neighbors never called the cops. The tenant named Nuna who I paid rent to I believed suspected something. The spring or summer arrived and I don't remember if I was coming or going but I saw

the building superintendent replacing the window on the room below mine. The superintendent had placed a large drawer behind him so no one looking at the window from the street could see what was inside the room. I waited until he was done and then saw him on the first floor after he left the apartment. I asked what was inside that room and he just gave me a stare and did not say anything. I got the impression he saw something and was instructed not to talk; he looked upset. Around that time there was a dispute with the tenant over the restroom that seemed to be always occupied. Someone misconstrued my words to mean something I did not say and I was told to move. I obliged not wanting any trouble while getting electronic harassed. It was not a fun time. I also knew the woman had two girls. In the previous apartment the woman there had a small boy. I know there is a government element to this directed energy harassment and it is a bit shocking that they would torment a person with Active Denial when other families are around, doing this out of the public's eye but it was still wrong. Whatever politician in congress, governor, mayor, or whoever signed off on this program it seemed a bit irresponsible. I knew there were probably more than one perpetrator in a building like a team effort and the targeted person is on 24/7 watch, but I just didn't see them being able to stop a target who snaps

from doing something bad. As I moved out of the apartment on 162nd street the two little girls were running up the stairs laughing as I was painfully carrying my stuff down the steps. The empty lot next to it now had construction as a new building was going up and a construction crew was hammering away. Someone moved the feral cats down below where they keep the trash. I found another rental room through a rental room agency a little further south on 156th street.

How the Perps Monitor a Person in Another Room

I noticed the perpetrator would make adjustments like increasing the directed energy when I was trying to shield or trying to put more obstructions between me and the person in the other room using the directed energy equipment. It's like they could see your body image with see through technology and know how much directed energy to apply. I often wondered how the perpetrator could see the targeted person in the other room. I later learned about see-through wall technology. The military had hand-held units that when placed against a wall of a building a radar or infrared image of a person behind the wall could be seen. Most people are familiar with body scanners at the airport. There have been articles recently about using RF to see through walls or clothing. As

pointed out earlier in the introduction of this book, see-through body scanners were tested on the public at New York's Penn Station using "passive millimeter wave" technology by a company called QinetiQ. The person's image on a screen looks similar to a thermal image with objects that can be seen concealed underneath the clothing. Ironically, Raytheon's Active Denial, Silent Guardian, and Assault Intervention Device also use millimeter waves or extremely high frequency (EHF). Another possibility in how the perpetrators are able to see the targeted individual is hidden cameras like a small pinhole camera that are placed in the targeted person's room. This may be the case at my worksite where I'm inside a security command center. It would be very easy to use hidden cameras. I tend to believe though that see-through wall technology is used because when trying to conceal my body under a mylar blanket I could still feel parts of my face or body being targeted with precision accuracy.

August 2014 - 520 West 156 Street Apartment #51, Washington Heights, Upper Manhattan

It was now the year 2014. I survived a year of intense directed energy harassment. This new rental room I found was on the top floor again. It was another five story building and I was on the fifth floor. This building had

only stairs, no elevator like the last and the room was rented out by a couple who had a small boy. The father was a taxi cab driver. He may have been affected by the Uber ride sharing craze that was hitting the New York Taxi cab driver industry. I got the impression that they only wanted to rent a room out to people for money and I wasn't that welcome but then again they had a small child and were probably being protective. My room had a TV stand and a little shelf or drawer where I put my music gear. I forget when the directed energy started up again but I would say about two or three days after moving in. I tried to be as discreet as possible in putting shielding material underneath the bed such as aluminum pans. The thicker type orange/silver space blanket that I purchased at a camping outdoor store was used on the mattress. I also purchased a cheap EMF Meter online and tested it out walking around the neighborhood. It was pretty much a novelty item however it did detect something which I speculate it may have been a byproduct of the directed energy equipment being used underneath me. The EMF meter had a simple graphical interface comprising of LED lights that would light up when I was close to an EMF source. While the directed energy intensified from underneath I placed the device on the floor and the LED light started blinking but I couldn't tell if it also blinked if low on batteries (if I recall from reading the

instruction manual). I recorded this activity using my laptop camera. Temptation got the best of me and I decided to put a web cam on a stick with the really long USB cable and tried peering at the window below me by sticking my arm out the window and holding the stick. I could barely make out furniture but the curtain was usually concealing what was inside the room. Nothing really new happened in this room rental compared to the others and my stay was not long but I did confront the neighbor downstairs below me. A woman from the floor below always had the front door open. The layout of the apartment was the same as the apartment I was staying in. At first I didn't pay any mind even though it was tempting to run through the open door and have a look in the room below mine but I knew I would also get in trouble for trespassing, potentially even shot if the perpetrator was still there. This time I had the courage to make my way in the apartment a little bit and ask the woman there who was in the room below mine. She didn't want to answer my question and told me to take some steps back as she closed the door. After that point I no longer saw the door left open. My stay here ended abruptly. As I would go down the stairs, I would turn the doorknob, I thought I might as well mess with their heads. Big mistake, this was enough for the tenant that I was renting a room from to tell me to leave once she got wind of it by the neighbor

below me. One recurring thing is there is always cameras observing things or surveillance in the building. This is not unusual for New York City but it is often to the harassers advantage. Whoever the perpetrators are, they seem to be able to throw their weight around to get inside the neighbors apartments and have the cooperation from the building superintendent and possibly building management. Even something small like turning a doorknob will be detected and played back on video. Whether this is the tenants complaining to management or it has to do with security precautions by the perps scoping out the place and observing your every move as you come and go - I do not know, but again the police were never involved. I got the impression the apartment downstairs liked their freedom of having the door open when they cooked and probably felt safe around their regular neighbors. I took it that they did not like the perpetrators in their apartment who were kind of like uninvited guest. Seeing me leave so the perpetrators would vacate the building is something I also observed in the next room rental. People would rather have their freedom and not have these government men around. I proceeded to make my awkward departure looking for another room using a room rental agency. At this point I could see a familiar pattern: the police were never involved and there were

people using the directed energy at close range able to get into a neighbor's apartment like they had some type of authority forcing me to move from room rental to room rental. It was like a sick game of bullying and pushing a person around. Here I was, not charged with any wrong doing being treated like a fugitive on the run. I came across an article about a CIA clandestine officer named Larry Sanchez who formed a partnership with the NYPD following the 9-11 terrorist attacks. What he would do is profile Muslim communities and physically stalk Muslim people in New York. A targeted person would be called a "rabbit" which is tradecraft terminology. The word rabbit comes from the image of rabbits used in target practice on a firing range. In a 2017 Foreign Policy article entitled Deep Pockets, Deep Cover, it mentions rabbit runs where groups of intelligence operatives or mercenaries would be trained to chase a target. Larry Sanchez time at the NYPD came to an end when word got out about Muslims being profiled and the controversy over racial profiling. Larry Sanchez would get into security consulting having the lucrative job of going overseas to train the UAE's intelligence operations.

11/2014 - 3671 Broadway Apartment #41,
Hamilton Heights, Upper Manhattan

My next room rental was in Hamilton

Heights off of Broadway and 152nd street. It was located near a historic graveyard named Trinity Church. The room was not on the top floor but the fourth floor - so there was a room above and below me. The room faced Broadway with a fire escape outside the window. The woman I was renting the room from was a Latin lady who appeared divorced with a somewhat dysfunctional family. She had already grown children and a teenager living with her. One of the grown children occupied a room with her young live-in husband. Maturity seemed to be lacking and there was often yelling. Once they started banging on the restroom door while I was taking a dump and complained my doo-doo smelled (their room was next to the restroom). I was sure to use air freshener after that but it was the typical happenings of this apartment. This area was also a bit troubled or rough around the edges. I believe there was Latino gang activity. A young Latino rapper was shot near the building standing next to a bodega in the early morning hours while I was living there, although I did not see it happen but there were always young hoodlum type people hanging out front especially during the summer time. What I also remember about this place is the hoodlums out front would play the same rap song over-and-over-again-really-loud which was quite annoying. This room rental was basically the same routine as in the other

rental rooms where the electronic harassment started up again after two or three days where it was at a high intensity level. I believed it was coming from the room above and I was mostly targeted in the head and stomach. What got me in trouble here is curiosity got the best of me and I had to go up the fire escape and take-a-peek into the window. I could also hear someone opening a drawer and bumping equipment around while I was getting electronic harassed. I remember seeing cardboard placed in the window with the curtains drawn - a familiar site like the aforementioned room on 147th street. Then while looking in the window an old woman spotted me while walking down the hallway and let out a yell. I quickly made my way back down the fire escape into my room knowing that I was observed staring into the upstairs neighbor's room. A man came down and gave me an ultimatum. He told me to move and he wouldn't call the police. I asked him who was the person dragging the equipment and he denied anything was happening. That there were not any extra people staying in the apartment and even invited me to take a look but I declined knowing he was lying and he just wanted me gone so the people doing the Active Denial harassment would leave. I got the impression that whoever was in the room using the directed energy equipment was an unwelcome guest. They seem to be able to get into these apartments whether the

tenants want them there or not - this points to people in a position of authority. At this point I was tempted to tell him to go ahead and call the police. The pattern of getting physically abused and being on the run having to haul all my belongings including musical equipment was getting old but I also knew in this case the law was not on my side. So, I gave-in but instead of moving to another room rental in New York I took some vacation time at work and decided to go back to Dallas, Texas and try to find work there. If it didn't work out, I could always take a plane back and return to my security job, renting a room in New York. I made a deal with a friend who still lived in the Dallas area to hold on to some of my music equipment that I mailed to him as I tried to make the transition moving to another state.

12/2014 - 422 North Lancaster Avenue,
Apartment #4B. Dallas, Texas

I found a room rental in Oak Cliff, Dallas, Texas by using Craigslist. There I saw a listing for a weekly room rental that only required a deposit. I went to an office that was located in an old apartment complex close to Downtown Dallas and talked to Al Turner putting down a deposit plus a weeks rent. His operation reminded me of a boarding house type place taking in mostly poor people who may be on disability benefits and

recovering addicts. Al referred me to a two-story apartment that was being renovated - there was still some rooms available that could be occupied. I got on the freeway driving down I35E and exiting 8th Street to Oak Cliff, Texas that is the southern portion of Dallas near downtown and found the apartment. This area was traditionally African American with lots of small wooden houses but gentrification was also starting to set in with newer buildings or condos scattered about. There is also a large Mexican American population not too far away where Lee Harvey Oswald hid out at the Texas Theater - It's still there as a type of historical marker. I went by and saw the place Al Turner referred me to. It was on Lancaster Avenue and when I got there I spoke to a person named Cecil Green who was like a superintendent overseeing renovations that were being done. I asked whether the area was dangerous and he said not really if I keep to myself. Also, on a humorous note tenants would take their laundry to wash at an apartment down the street when I asked about a laundry mat to wash my clothes. I was shown a room that I would share with an elderly African American man who mostly stayed in bed. I can't say he was bed ridden because he would occasionally get up and walk with the aid of a cane. A caretaker or nurse would come by on occasion to look after him. There was also the strong smell of urine because of his health

condition. I was shown a kitchen area and small bathroom that was to be shared with the elderly man. My room was a small room next to the old man's, with a small mattress, a closet, and some trash lying about. I decided to take it since it was cheap and required no lease, even though the place was kind of scary. Also, while there in Oak Cliff I returned the rental car and purchased a cheap used 1995 Toyota Corolla which turned out to be a mistake. Toyota's are usually good cars but this one had seen better days, with very high mileage and seemed to be on its last legs - the automatic transmission was slow switching into gears. I also purchased cheap car insurance from a place nearby. It seemed like I was settling down in the area and was going to stay for awhile even though I was really on vacation. Several days past and one day while I was walking into the apartment there was a Latino male staring at me sitting on the stairway as I entered the hallway. He was looking with a smirk on his face. I got the impression he was not a local hoodlum and appeared to be in his late 20s or early 30s. I didn't say anything and proceeded to enter the apartment. The apartment with my room was on the first floor. Above me I could hear furniture being moved around. I exited the apartment to try and see what was going on and out came a younger African American woman holding a suitcase looking visually annoyed, like she did

not want to move but was being forced to. When asked, I believed she said she had to move but was very mum and would not say much after that when I tried to question her. Sure enough, I believe that night here came the dragging of equipment on top of my position while I was in my room with what sounded like something metallic or hard being dropped over my head followed by the sensation of directed energy. It was the same Active Denial stuff I was being hit with in New York. Earlier that day I was out and about and was able to secure a job through a temporary employment service. It was a job moving medical equipment to hospital rooms in the new Parkland Hospital that was just built across from the old Parkland Hospital. Ironically, Parkland Hospital in Dallas is where I was born. Something interesting happened though when I was at the employment agency (forget the name) that was in a skyscraper near I75 & 635 in North Dallas. The employment agency was also ironically near my old apartment complex where I used to live off Valley View Lane (where I first experienced directed energy assaults when posting to UFO forums). What was interesting about the employment agency is their reaction after I submitted a background check. The person doing the screening returned sometime later but his demeanor had changed. I got the impression he saw something or was told something that didn't

put me in a very good light. I was given instructions when to appear at Parkland Hospital with the crew that would be moving medical equipment and was told that was all the work they had for me at the moment. Sure enough, it's like the perpetrator above me knew that I had a job the very next day that required a lot of walking and manual labor. My feet were targeted that night and were made to feel sore. I could feel the directed energy hitting my feet when I was lying down on the bed which felt like a stinging or burning sensation. When I had to go to work the following morning my feet felt bruised. Similarly, my mother in Pasadena, California would report her feet being targeted some years later. When visiting her and going to the beach she showed me two round red marks on each toe that she was trying to hide in the sand to alleviate the pain. I went to the job at Parkland and it only lasted four hours, but it was enough that my feet were in quite a bit of pain. The employment agency never called me back with more work. I forget how long I stayed in that apartment complex on Lancaster Avenue, but I do remember maybe the last day or two staying at a seedy hotel near I35E in Oak Cliff. Before leaving the apartment on Lancaster I helped the elderly man with his TV remote and told him that I was returning to New York - he seemed surprised. I could tell he would go through my room when I was gone, I assume

looking for money but I had nothing valuable and didn't hold it against him - his days appeared to be numbered and so did mine. I took some photos of the place before I left and even went upstairs to listen to see if I could hear anything coming from the apartment where the perpetrator was staying. I could only hear some people talking like a man and a woman but couldn't make out what they were saying. I learned one thing from my vacation - the millimeter wave Active Denial harassment was not just something that was occurring in New York but if I moved to another state I would be followed. It makes sense though because the directed energy assaults actually started in Texas sometime in 2003 or 2004 and then it became Active Denial type stuff beginning in 2013 when I was in New York. Who actually approves the harassment? I don't know but it was the same year Aron Alexis, the Navy Yard shooter, claimed he was being targeted with directed energy, or what he termed ELF, also claiming to suffer from sleep deprivation. My Active Denial treatment started before news of the Navy Yard shooter made headlines but I immediately saw parallels with my targeting. Some targeted individuals have speculated Fusion Centers that are run by Homeland Security are involved. I could only speculate but it was apparently no small operation. Before leaving I had to retrieve my music gear that I mailed to a friend living in Dallas.

He was a bit reluctant giving it back, and in fact pretty much avoided me when I was there, claiming a busy schedule, but I think there may have been some money issues; and he was planning to sell his house and move too. He tried going in business for himself after quitting an IT job at Fossil (the watch company) that is located in North Texas some years back citing new and not very good management. As funny irony would have it, I also gave him vinyl records before moving to New York in 2006 and saw some of the same records while browsing the used vinyl section at the Half Priced Books on Northwest Highway (for those not from Texas, Half Priced books is similar to a book store called the Strand here in New York, selling mostly used books). I could tell they were my records because the type of music wasn't very common, and I recognized the wear and tear of the record jackets. I also remember him telling me he goes there to dump off CDs for cash. I never told him what I was going through. I guess I didn't want to seem crazy and was already asking for a favor in him looking over my music gear. Now was the issue of ditching the Toyota since going back to the dealer and getting a refund wasn't possible although in hindsight I probably should have tried. A salvage yard would only give me \$300 but after inquiring at a Pawn Shop I was told about a Mexican American car repair shop near Love Field Airport that sells

used cars on commission. That seemed like the better option. I went to the place explaining I had to move. The owner was very friendly, and I think even drove me to the DART transit rail station after agreeing to sell the car for me. I went back to see Al Turner who I rented the room on Lancaster Avenue from and got my deposit back explaining things just didn't work out. He didn't seem too pleased and didn't seem to know what was going on. The superintendent named Cecil overseeing repairs to the apartment on Lancaster Avenue I believe knew something based on his reaction when I told him I was leaving - he had a type of smirk on his face. An observation I made while getting electronic harassed is the superintendent of the buildings usually knew that something was happening. Do they know exactly what is going on with the electronic harassment or what was being used? I am not sure, but it appears someone is able to throw their weight around to get inside the neighbor's apartments. Before my flight departed, I mailed back my music equipment in two big boxes and felt sad I could not move back to Dallas and had to return to New York to my security job where I was a guinea pig to these directed energy assaults.

West 164th Street, Apartment #6H,
Washington Heights, Upper Manhattan

Upon returning to New York landing at LaGuardia Airport, I remember getting on the subway train after taking a city bus from the airport and heading back to Washington Heights to a room rental agency. I was sent to a room on 164th street. This new rental room I found was on the top floor in a six-story building. The building also had an elevator, so it was easier to transport my belongings. There was an older woman there who watched the place. Her kids appeared to be grown and had left the nest; were living elsewhere. Her husband was also not living there. He was involved in little league baseball and the family pictures were in the living room. My room was not by the front door but down the hall close to the kitchen. The floor layout was shaped like an L where there was a long hallway that hooked right. The room that I was renting was small and square shaped, with a window. It had a little computer-stand type rack with a small TV and a small portable fridge that I never used. I still did not give up on my music even though I was getting tortured. Maybe because it was like Maslow's Hierarchy of Needs that I studied in college – I needed self-actualization. My basic needs were now being met as I was securing a room, only to later be abused. I believe for the first few nights after moving there in the summer and feeling exhausted, I was able to get some rest. With shielding, when I was getting electronic

harassed, I was able to get four-to-five-hours of sleep but always seemed to feel tired. My family member who was being targeted in California described also always feeling tired. The modus operandi of the harassers was to harass someone when they were trying to sleep using the Active Denial microwave weapons that could pass through a floor, ceiling, or walls by people who would get access to an apartment near you, using the equipment at close range. It also appeared to be a type of pain compliance weapon, like a type of behavioral reinforcement, which has alarming implications for the future of free speech (the First Amendment), or freedom in general. How these people were able to access those apartments closest to me remains a mystery. Obviously, by someone in authority and there was probably a little money involved as persuasion. As I observed, sometimes the perps were not welcome by the neighbors and they were eager for me to move elsewhere as they did not want these people in their apartment. Again, a little time had passed before there was the sensation of directed energy or Active Denial from the floor beneath. Unfortunately, the directed energy I was being hit with at this room rental was intense, like the room rentals before. It seemed there was no letting up. During the time I was renting a room on 164th street I also started gathering evidence in the form of audio. I purchased a piezo electric

microphone or contact microphone. Like in the previous room rental while on the top floor I could place my ear to the floor and hear the low modulating sound that went “whump...whump...whump...” at regular intervals. Contact microphones are used for acoustic instruments and the audio signal usually goes through an amplifier. I already had music recording equipment so all I needed to do is hook up the audio cable to my recording equipment and amp the signal. Sure enough, after applying a little EQ I was able to hear the “whump...whump...whump...” sound and recorded it. I could also hear what sounded like someone walking up a ladder to the ceiling from the room below. It seemed when the electronic harassment was turned up strong the “whump...whump...whump...” sound turned into an angry swarm of bees as it became more revved up. I concluded since I heard the sound in multiple rental rooms, was able to record it with audio equipment, and it changed with the intensity of the harassment - that what I was hearing was somehow related to the Active Denial directed energy equipment being used. I uploaded audio snippets to a Soundcloud page (<https://soundcloud.com/tiaudio>) along with other field recordings relating to my targeting.

The Active Denial Treatment Continued At Work

I was still being targeted while sitting in the lobby area during the overnight shift and my job was in the process of moving to a new location because the client was relocating to a new building in lower Manhattan. I wasn't being treated too kindly at my job too as if there was some type of slander or defamation. I recall off-putting attitudes began shortly before being targeted with the Active Denial. The client was even apprehensive in moving me to the new location that would be the headquarters of a bureaucratic quasi-government agency. The initial plan was I would go to another work site that was still part of the quasi-government agency's operations but just not the main new building. The Electrician however who I believe knew I was getting electronic harassed said I should be moved to the new building. I suspect some of the contractors working for the there like those involved in the building camera CCTV systems may have been involved in my harassment too and was receiving Federal money. Researching lawsuits against the bureaucratic quasi-government agency I came across a lot of interesting cases. One was about employee claiming the bureaucratic quasi-government agency security recorded medical exams using a peep cam. According to the New York Post the camera was a fixture in an examination room at my old worksite where I

would patrol which had a medical facility. When the bureaucratic quasi-government agency made the move to the new building in Lower Manhattan there was also a change in my employer. I was now working for a new private security contractor that made everyone sign non-disclosure agreements. This is one reason the bureaucratic quasi-government agency's name is not mentioned in this book. It is not unusual in the security guard contracting business that a client will change security contractors retaining former employees. One former security guard claimed the bureaucratic quasi-government agency was calling me anti-social because I had social anxiety and preferred the serenity of the night shift and this was even brought up by a former security supervisor. When I say former its because in the security guard business many people tend to come and go. It's not a highly respectable job and the pay is lousy. This negative stigma where security guards are not seen as highly regarded may have also made me an appealing target. It isn't like the average security guard would be able to afford fancy lawyers. The bureaucratic quasi-government agency tended to have a hierarchical structure treating security subordinates. What's interesting is a former guard who always would stare at my laptop implied another employee was an informant and could claim I'm looking at terrorist web sites. The same employee who was implied to

be an informant would bring up UFOs without me mentioning it and other things that I would mention on the internet like in E-mail correspondence with my father. It was like I was being gaslighted. Likewise an inspector who was a former cop with the bureaucratic quasi-government agency named Brian would come around during inspections at night when I was still working for my old private security employer and bring up UFOs or make comments about my personal life like I needed a girlfriend; should make some friends. I believe this same former cop was involved in a lawsuit with the client to the bureaucratic quasi-government agency over a promotion. When the move was made to Lower Manhattan in 2015 I was put in a command center located on one of the bureaucratic quasi-government agency's new skyscraper floors. My job was fairly simple - patrol and monitor the floors and observe and report any unusual activity - basic security patrol guard type stuff. My scheduled hours were the overnights and weekends. Again the Active Denial type targeting would start up usually when I was alone during the early morning hours. One thing interesting is the directed energy or Active Denial was usually accompanied by an audible clicking noise. The stronger the activity was, the more clicking type sounds occurred. I speculate that it was a byproduct of the equipment being used. I also surmised the directed

energy equipment was concealed and there may have been hidden cameras in the command center. I tried looking for covert equipment by lifting ceiling tiles but it was hard to make out much with all the ducting, pipes, wires, and metal. Sometimes I could hear some bumping around, like there were special compartments or areas in the building that can be accessed by building maintenance or I thought there could also be people at night stalking me using equipment able to access parts of the building. I based this on trying to take a nap on some office floors during my break like in a conference room and then feeling the directed energy a little while later and sometimes hearing some bumping around. The bureaucratic quasi-government agency also had connections with Federal Agencies due to the fact that it dealt with critical infrastructure. I found it suspect that before the Active Denial treatment began the bureaucratic quasi-government agency centralized its security and police operations using the services of The Chertoff Group which is a Homeland Security consulting firm. There was a white paper on Chertoff's web site about insider threats and the DHS's SAFETY Act that was liability protection by congress following 9-11-01 for contractors testing counterterrorism technology. It's also important to point out that Michael Hayden (CIA) who was accused of being misleading on America's role in

torture was also part of The Chertoff Group. At work the Active Denial treatment wasn't all I got but black bags. Someone was going through my locker and putting itching powder in my uniform. This would also happen at home at my room rental after a wash. Doing some research the little white strands of hair looked similar to a common itching powder. Also at work my nostrils would get inflamed giving me a drippy nose or making me sneeze. It happened usually when I was alone before the morning crew would come in. I could not tell if this was a type of gas or pepper spray put in the ventilation or ozone ionic wind type stuff. What's interesting is the air in the elevators sometimes had the ionized air smell that I believe was intended to kill germs but I would find a bit irritating to breathe. I once purchased a hand held UV-C light intended to kill germs that would also emit ionized air and it irritated my nostrils. Some other notable things that happened while working as a security guard for a security contractor at the bureaucratic quasi-government agency headquarters is before Trump was elected President a security guard who would drive the Trump family around and worked at Trump Tower named Mohan started working at my worksite part time. I would only occasionally see him. I got the impression he was observing things but I could not prove it. He claimed to be moonlighting to make extra money and I never mentioned my directed

energy targeting at work at risk of looking crazy. The year would have been 2014 or 2015, a year before Trump ran for office and was elected president. When it looked like Trump may win and was gaining momentum in the primaries the contractors there working for the Port Authority at Four World Trade like Ronnie who took care of the security cameras started kissing Mohan's ass. By that time Mohan became very patriotic wanting to join the Army but was already mid aged with a wife and kids, a young Marine reservist who was doing security on the executive floor urged him not to because Mohan had a reputation of being a free spirit or slacker. This Marine reservist would come in during the morning at Lower Manhattan when there was a shift change and use slurred speech to mock me, he also had a habit of lying. I found it peculiar because there used to be a military vet who was with the special forces that served in Iraq and suffered from PTSD who came around doing inspections during the overnight. He was a bit of a bully and also taunted me using slurred speech. How much these military people knew of a program to use directed energy causing slurred speech from TBI and sleep deprivation I'm not sure. Maybe that's just the way I came across but I knew it was psychological warfare, head game type stuff. Something else that happened when I was there was a government scandal that made news

headlines. Their headquarters then were still at the old location when the scandal broke. Since I was a security guard I didn't see anything that went down but I always remember one guy who became enthralled in the scandal would come in during the morning with a fellow security guard co-worker named Castro who did security on the executive floor. The guy would just stare at me with a look of disgust and make this face just saying nothing. After the scandal broke with they guy who gave me a dirty look was forced to resign and eventually copped a plea on felony counts. I also remember seeing other people involved in the scandal but they came across as normal office people. There was obvious slander by the bureaucratic quasi-government agency like as previously mentioned when I was called anti-social. I believe a lot of my problems arose when the bureaucratic quasi-government agency created its Chief Security Officer and it points to the culprits in my targeting. Doing some research about the bureaucratic quasi-government agency as previously mention they are involved with Federal agencies like the Federal Bureau of Investigation Joint Terrorism Task Force (FBI JTTF), DHS Office of Science and Technology, DOD Defense Advanced Research Projects Agency (DARPA) etc. and receives money from Federal Grants, as it states in a document from 2018 entitled: "Testimony for the Homeland Security

Emergency Preparedness..." I have doubts DARPA was involved in my targeting or the abuse of Active Denial technology but instead believe its related to Homeland Security/ counterterrorism/ contractors looking to justify federal spending and the justification of testing/using new technologies.

558 West 164th Street continued... and using Eccosorb RF Absorbers

At my room on 164th street I again became a hoarder, looking for cheap material to use as shielding. It seemed every time I moved to a new room rental stuff I used as shielding would be thrown to the curb because it was just too much to carry. After hearing a program on CoastToCoast AM with a private investigator from Chicago named Roger Tolces who investigated electronic harassment, I heard him mention Eccosorb. Eccosorb is a company that makes RF absorption material. If I recall correctly, there was a story of a rich person being microwaved and had a casket insulated with Eccosorb shielding material - this would help the person get some sleep. So, I purchased some used Eccosorb material online - two varieties. Both came in a box as looking like square tiles. One box had thin squares that had a sandpaper texture. The other type of square tiles were thicker in appearance with a more rubbery feel, I believe it was

polyurethane. I put the thicker variety underneath my head and immediately noticed the directed energy was less severe, almost a swirling or tingling sensation instead of stinging pain. I don't think the perpetrator in the room below was too happy. I felt bumping around and banging below me like the perpetrator was trying to adjust to the shielding. I kind of chuckled and laughed a little bit falling asleep. My adulation did not last long, the perpetrator or perpetrators figured out what Eccosorb sheets I was using and adjusted the frequency or amped the power because the pain sensation returned a day or so later. I got the impression the directed energy was more intense. The thicker rubbery looking Eccosorb sheets I got though always seem to offer some protection, so I used those around my head. The thinner sheets that had a sandpaper texture were not that effective. It must be pointed out that Eccosorb is not the only brand of RF absorbing material on the market and it's not really intended for consumer use but more for the electronics and defense industry like an Anechoic Chamber and it's also very expensive. Using Eccosorb was a confirmation though that what I was being hit with was indeed RF - I was being microwaved harassed with the millimeter wave weapon Raytheon developed or something similar to the the NIJ's Assault Intervention Device - the National Institute of Justice (NIJ) were

developing a smaller prototype to be put in the hands of law enforcement that was described in old WIRED Magazine articles from 2007 to 2009. I also at the time used aluminum cooking sheets placed under my bed with the thinner sandpaper looking Eccosorb thinking it would be a compliment, but the pain ray was still intense. I experimented a lot to see what type of material was most effective. It seemed for shielding the thicker Eccosorb RF absorption material and a dense laundry bag of clothes was the most effective. I also purchased online a silver coated nylon skullcap from a company called Less-EMF. Using two of these were also effective, the problem though is the silver coating would wear off from repeated use. I haven't however tried copper fabric material and grounding metallic material. I've heard that grounding shielding material is important like with a faraday cage and some people swear by it but I never tried it so can not speak on its effectiveness.

While living in the room rental on 164th street I believed I had sufficient evidence to approach law enforcement - at least it was worth a shot (no pun intended). I knew from experience though, being ignored when trying to report my directed energy assaults to the FBI and my mother being shunned after calling the police in Monrovia, California that what I was experiencing may be extrajudicial

in nature and the police would be of no help. I went to the 33rd Precinct and walked into the station and maybe I was too bashful or did not word things correctly but it became clear the cops were unwilling to help, even formed a huddle and tried to brush off my claim as not very serious. A female cop said she would come by; one cop warned I should be careful in what I say to them; one cop asked what laws were being broken? The police do have a point in being careful in what you say because a person can easily incriminate themselves in front of police, especially if you are not on their good side. No cop ever came by. The laws being enforced are designed for petty criminals not so much abuse by your own government. My policy toward cops is to always ignore them. If I see a cop parked on the side of the road or patrolling in the subway - I go about my business like they aren't there. I have nothing against cops, I view them sort of like security guards but also realize that my Active Denial harassment represents an abusive part of our system. It's wrong on so many levels like laws against stalking, harassment, and assault but directed energy also has the plausible deniability factor. If the activity is government sanctioned behavior or extrajudicial will police really help? So far researching targeted individuals who report directed energy abuse I have yet to read any story about a so-called hero cop putting a stop to it or the SWAT team

braking down a door and busting a Blackwater for abusing directed energy devices against targeted citizens. It's more like a person is involuntary institutionalized/5150'd, not given the benefit of the doubt, after approaching police with their directed energy claims or the police already know about the targeting because it involves Homeland Security or Fusion Centers like some targeted people suspect or what the ACLU has reported with a watch-listing system. All I know is the police are no help and there is probably complicity on some level with the Federal government. If this is the case it means the police or police chief is an accessory to crimes against humanity.

On 164th street I believed I saw the perpetrators, at least entering and exiting the apartment below mine, I also used my faithful webcam to have a peek int the window even though I really shouldn't be doing that. The room looked like a dump - it was messy with cups, socks, and garbage laying all over the place. I saw a bed, a tv on top of a counter, a closet with coat hangers but could only partially make out what was inside the room. I would go to the kitchen window and see if the room below mine had the light on or if the curtains were open. The webcam didn't really pick up anything conclusive. One person looked like the actor Joe DeRita who played Curly on The Three Stooges. He had a bald

shaved head and The Three Stooges actor's face. I learned a female who always wore military bun hairdo and reading glasses was his mother. They sounded like they were from Brooklyn, judging from the accent after hearing them speak. There was an older man who looked kind of like Larry from the Three Stooges because he had a patch of curly hair on each side of his head. His hair was white, I thought maybe he was in his 60s. When I first saw the older man, he looked like he was from California the way he was dressed wearing Converse type shoes. He also had a mustache. Once following the older man up the elevator I stopped to watch him open the door to the apartment below mine, he turned to stare at me with a straight face and had one hand in his pocket like he was concealing a firearm, exactly like the African American male I followed from the room rental on 147th street. There was one incident where I caught the bald person who looked like Curly from Three Stooges and I pretended to talk on the phone, I said "Yes, I see him now, I want you to cut off his head" as the Curly looking person was stepping out of the elevator, he turned around angrily and exclaimed, "I heard what you said, You're going to cut off my head, cut off my head?!" I told him I was having a private conversation and continued to my floor. Another experience that was somewhat disturbing was I was in my room rental apartment alone and staring out the

kitchen window at the room below mine then all of the sudden I hear a woman yell "get off me, get off me!" and she started screaming - this went on for a while. So, I went downstairs and knocked on the door thinking that there may have been a rape, at first no one answered, and then I heard the woman say, "Answer the door it may be the police." The bald headed Curly-Joe DeRita looking guy opened the door and I told him what I heard. I forget what he said but something like nothing was the matter then slammed the door. I also got the impression that the perpetrators in this apartment were unwelcome guest to the tenants. Could things get out of hand where the tenants were being physically abused or even raped by the people being paid to use directed energy against me? I could easily see something like that happening. The tenants in the building were mostly Dominican or Latino families. I'm sure some were not legal citizens. The people using directed energy weaponry against me seemed to lack any accountability by the public. They could probably get away with acting like thugs towards neighbors who let them in to their apartment, the neighbor thinking they have little choice but to go along with it. There is also the ethical issue of justifying torture. Something like that can easily get out of hand like the Abu Grahb prisoner abuse scandal. People who believe they have that type of power (to torture

others) can let it get to their head and start thinking they can mistreat people around them.

The room rental on 558 West 164th Street ended because I threw some yogurt or soda at the door of the apartment below as I was leaving during a time of strong directed energy assaults that were very painful. After repeated abuse a person's natural instinct is to retaliate or the fight or flight response. I was told it was caught on camera by the person I was renting a room from. Sound familiar? They have these apartments on scope. I think the problem with me though is I never became really violent and I believe that was the intention like provocation to get you in trouble. It was always small things like throwing a banana peel at the neighbors window. I think this was also the only room rental where I tried to explain I was being directed energy assaulted to the tenant when confronted. I even told her of my UFO research. It was the daughter of the the older woman watching the place because the old lady claimed not to speak English. What's strange is no one ever called the cops – in any of the room rentals when I was confronted or told to leave. This could be partly due to building tenants renting out rooms and it not being legal. I believe the term for this is ghost rentals. Even though it may not be legal it's something very common in New York. It was

time to look for another room and go to a room rental agency. Upon arriving at a room rental agency it became apparent that it was harder to find a cheap room. Over the years since living in New York the cost of rent has gone up and so has the homeless population. This is also evident in other cities like Los Angeles and San Francisco. There was one room off Edgecombe Avenue in Hamilton Heights that was less expensive than the rest and I later found out why.

02/27/16 to 02/1/2020; 393 Edgecombe Avenue, Apartment 32, Hamilton Heights, Upper Manhattan

When I went to a room rental agency, there seemed to be nothing in Manhattan, at least at an affordable price. Everything appeared to be in the Bronx. There was this place off Edgecombe, but I later found out there was a catch. After moving in it appeared from looking at the mattress to have had the bed bug problem. This of course has been plaguing New York in recent years, I believe due to the influx of European tourist, luckily it appeared the problem had subsided and I purchased some bed bug spray to spray down the mattress real good. The room was on the third floor, so there was a room above and below me. It overlooked Yankee Stadium at a distance and the Bronx. The woman there who I paid rent to was named Alda Lopez.

Like the other room rentals the tenants in the building were mostly Latino or from the Dominican Republic. I remember when first moving in and there was loud music being played by other people there who were renting a room. It was a real lively atmosphere. Then the same pattern occurred with previously mentioned room rentals. People's demeanor suddenly changed. Things were more quiet and there was bumping around on the floor above me. A short time later a bouncing ball on the floor above just to let me know they were there (the same thing I did in a room rental before just to taunt the perps). Over time it became apparent that there would also be a person on the floor below involved in the directed energy assaults. I could tell because when the activity was strong in the morning upon returning home from my overnight shift in order to go to sleep I could feel bumping from the floor beneath just below my position where I was lying down on the bed. My time at this room rental on 393 Edgecombe lasted the longest. Partly because I was tired of moving and decided instead to just try and tolerate the Active Denial abuse even though it was very intense at times especially after posting targeted individual videos to YouTube, or attending a targeted individual protest, or working on another self-published illustrated UFO book. There seemed to be one day of rest and then a gradual build-up of intense

directed energy assaults. It was such a regular thing that I started to list the dates on a calendar and see a pattern. Weekends especially at work were always pretty intense. There was always one day on the weekend that was pretty bad and this would follow with intense directed energy assaults in my room rental on Edgcombe. While there like in previous room rentals I did get a glimpse at what I believe to be the perpetrators who were obviously getting paid to stalk and harass using this directed energy technology. My room was facing the street near the fire escape. Sometimes I would step out of the window and stand on the fire escape. I think on a few occasions I was tempted to walk up the fire escape and peek into the window above since equipment could always be heard being moved around or a drawer opening and closing but I also made the observation that there were many cameras around the building and I remember how I scared an old woman by peeking in a window on Broadway that also had a fire escape, I also knew there were laws about being a peeping tom. I had the sneaking suspicion that the harassers were a little too eager to provoke as if it was something that they wanted, sure enough one day when it became dark and the activity was intense, I went out the window onto the fire escape and pretended to start going up the steps with my hands mimicking footsteps, then I crawled back through the window

inside my room and exited the building and went to the street to stare at my room window and the window above. There I saw a short stout woman with her hair in a bun standing in full view in the window above mine monitoring what looked like a tablet in one hand and in the other hand pointing a gun down the steps where I would have walked up the fire escape to stare in the window. I of course, took out my iPhone and started recording video. This of course I believe I was in accordance to the law because I was standing on a public street and the perpetrator woman holding the gun chose to be in full view. The woman holding the gun quickly realized I was now in the street observing her and she bowed her head down and pulled the gun back out of view. I recognized the woman because I had footage of her exiting the apartment above mine taking out the trash when I was sitting on the apartment steps staking out the place. She came out of the apartment above mine with a cold blank stare on her face. I pretended to be staring at my iPhone but was really taking video. There was also a time at 393 Edgecombe where I got a good look at a perpetrator that I believe was on the floor below on apartment 22. This was from backtracking when I was being followed from behind. Returning home from work one day I started to go up the elevator but then went back down to the lobby. There was a man in

tactical clothing, cargo pants, military buzz cut with a large birth mark on the back of his head looking surprised to see me in the elevator. He reluctantly got on the elevator with me standing behind him and proceeded to go to the second floor, then walked in the apartment directly below mine looking a bit apprehensive that I may do something. I remember thinking where do they get these people from? Some appear like they could be a street clothes cop, other former military like special forces, and some remind me of a felon turned informant, maybe it was a way for them to get out of jail. I tend to believe all had training into tradecraft and probably took a security oath or held a security clearance. Another characteristic of these perpetrators is someone was always there during the day. I could always hear the footsteps of a person walking and the moving around of stuff. I was there during the day because I worked night shift but you'd think the average building tenant would have a day job. This was true in all the buildings I was targeted with directed energy. Towards the end of my stay at 393 Edgecombe it also became apparent the neighbors including Alda who I was paying rent to were being payed off. Alda was taking month long vacations toward the end of the year I assume to the Dominican Republic. There were times I had the whole apartment for myself for days where it seemed nobody was there. Something unusual for New York

considering the price of rent. These were people who appeared broke when I first moved in and were loud and noisy with no other place to go. The rather large Latino family who lived above me where the perps were staying appeared to have a new SUV car and seemed to be around less often. Push came to shove when Alda was gone for what seemed like months and seemed to have trouble keeping track of the rent payments I was putting underneath her door demanding more money like I was confused when in fact she was gone too long and had a relative or someone come by. Then the other room rental people who were Dominican appeared to be gone the entire month of December like they'd been on a month long vacation coming back in January with lots luggage bags. I surmised one guy who didn't appear to work when I first moved in may have been an Uber driver. There were two younger females toward the end of my stay. One appeared to be a waiter if she was even working. Not exactly people on a salary that can take long vacations while still paying the rent. I normally don't judge other people but considering the circumstances it seemed a bit suspect. I called building management that is listed in the lobby but a woman answering the phone used the excuse that I was not on the lease, room rentals were illegal, and refused to disclose anything. I knew it was time to make a move, obviously the police or

authorities were not going to do anything about my extrajudicial treatment and I didn't want to give extra rent that I already paid.

Targeted While on Vacation

My targeting was not only at work and rental rooms but it would also follow when going on vacation. The activity would usually pick up two or three days after arriving at either at a hotel room or Airbnb. In a hotel it appeared the perpetrator would get into the room above me or an adjacent room. This is also what Aaron Alexis the Navy Yard shooter described. A few incidents that come to mind is when I went to see my father in Lonate Pozzolo, Italy, near the Malpensa Airport in Northern Italy near Milan. I had booked an apartment in the winter not far away from his address. When I arrived and inspected the apartment everything seemed normal. I could hear kids above me running around, people talking, and the smell of cooking. I was able to get a comfortable night sleep in the bedroom. I came during the right time of year too because there was very little tourism and the apartment was priced cheap. The only catch is the apartment had a quirk, maybe intentionally, but you had to go outside the front door into the hallway and trip a water heater to get hot water and heat and then it would turn off again. A few days past and everything now seemed quiet. Then I could

hear stomping right on top of me and just to let me know that they were there I could hear a ball bouncing on the floor above me. If you recall this was something that I did on 164th street in Washington Heights when renting a room on the top floor. I would taunt my harassers while repeatedly bouncing a ball on the floor. While sitting on the couch in the Italian Airbnb apartment I could now feel the Active Denial directed energy hitting my head and stomach. When it hits the head passing through the floor above I could feel my hair crawling around on the area targeted. When going to the bedroom to sleep I could hear somebody dropping something hard directly above my head and feeling the directed energy there too. I would try wrapping my coat around my head for some to offer some type protection to make it more tolerable. Needless to say I was tired during the duration of my vacation. The day before I left I received a call from the Airbnb host and she seemed alarmed or scared asking if I was alright. I didn't let on that anything was happening because I knew the US government was probably behind it from being targeted at work, at home, and now followed on vacation - obviously no small feat. I also knew it was not a good idea to get in trouble with the law in a foreign country. I'm sure the Italian authorities were cooperating in some way although the police like in America would leave me alone. This was in

contrast to when I first visited my Dad in Italy, instead of an Airbnb or hotel I would stay in a room he set up in his attic area where he would mess around with his electronics hobby and had a cot set up. There was no directed energy and I could get a relaxing sleep and started to feel like my old self again, even started to break out with acne because one of the side effects with the Active Denial is it clears up your skin if you have bad acne. I always suffered from an acne condition since I was a teenager. There are products on the market today that use the electromagnetic spectrum to treat acne like red and blue light therapy. It makes sense since millimeter waves, also called extremely high frequency (EHF) is getting closer to infrared (IR) and light. This is more supporting evidence that what I was being targeted with was indeed Active Denial or RF/microwave. Another incident while on vacation was as previously mentioned going back to Texas to visit my little sister who was recovering from an automobile accident along with my mother. This time my grandfather had already passed away. I went to see my sister in Stephenville, Texas and stayed in a hotel. My mom stayed with my sister in her trailer. A few days past and then I could hear the hotel room next to me banging on the wall near my bed and the effects of directed energy, clearly targeting me when I was trying to sleep. This was one of those one story hotels with parking out

front. My mother at my sister's trailer slept in a guest room toward the back of the trailer and claimed she was also getting hit with directed energy and had trouble getting enough sleep. She would wear a scarf around her head but I don't think it did much good. What made it worse is we were there for a week and would have to endure the targeting for some days. I remember we all got in the rental car and I decided to drive by my hotel, I drove into the hotel parking lot and there was a woman sitting in one of those foldable camping chairs with sun glasses on in the hotel room next to mine with her hotel door open. She had a butch look like a female soldier or street clothes cop. Another memory was taking some vacation days at my job to visit my mom in Pasadena, California. I was getting the long range directed energy in my ear and mouth. This was when my tongue and mouth was being targeted a lot. We went to a Mexican restaurant along with another family member who was living in California and I ordered a torta (Mexican sandwich) and it was hard to eat because the directed energy was severe enough that the sides of my tongue were blistered. I almost choked on some of the chewy grilled vegetables because it made chewing and swallowing hard. The directed energy in the Los Angeles area was always strong. As I learned in college America's Military-Industrial Complex moved from places like New York to California after World

War II. As I was driving to LAX Airport to catch my flight there was the Raytheon building in large letters like the behemoth of defense spending that it is. Most people don't realize how much money goes to the big defense contractor's like Lockheed Martin, Raytheon, Booz Allen Hamilton etc. raking in billions of dollars annually - they really are like monopolies. Last time I was in California something interesting happened. I was being targeted in the jaw and my mom had been targeted in the leg where she had to use the aid of a walker. I went by to pick her up at her retirement home to go take a look at an Airbnb rental in Pasadena. I decided to visit a relative who moved to Joshua Tree and as I drove in what seemed like hours down interstate 10 and approached a large windmill farm near palm springs the long range directed energy had dissipated. It became more apparent as we drove away from the Pasadena and Los Angeles area. Of course Pasadena is home to Cal-Tech, JPL and I'm not saying these technology research institutions are involved in the covert use of directed energy but I found it interesting. It's almost like the directed energy is set up in high population areas around critical infrastructure. I missed my exit to Joshua Tree and had to backtrack eventually pulling over to a rest stop. My mother felt fine and could walk out of the car. I too felt fine and it was eerily quiet. We eventually got to Joshua Tree

and then started heading back during the evening. The perpetrators let me have it when I was back in my Airbnb that night in Pasadena. It seemed the directed energy targeting was intense. Something else revealing happened on my return flight home. I always wondered how I could feel the directed energy or Active Denial on airplanes. At first it was ear ringing in my left ear but on this trip I was being targeted in the chest or heart. When I got to the airport there seemed to be an unusually long wait or delay to board the plane. While in flight I could feel strong directed energy hitting my chest, enough to create discomfort like I may go into cardiac arrest. The man sitting next to me was creepy, he had the body language of a spook, his expressionist demeanor and appearance reminded me of an Andrew McCaby (FBI). I was sitting near the window and he was in the middle seat cracking his knuckles like he was ready for me to act out but I just remained calm enduring the pain. The flight attendants also acted a bit off-putting giving me ugly glances. I later got up to use the restroom and as I was walking down the aisle it's like I caught a woman sitting a few seats back off guard. She quickly put the tablet away and bent down holding that position. I thought to myself that was an unusual reaction so I wanted to see what would happen if I was the last one to get off the plane. When the plane landed I just stayed in my seat and so did two

other people. One was the woman I caught off guard a few seats back earlier. Then one of the flight attendants seeing me not leave looked visually upset and kept staring at me. Then I overheard her make the comment to another flight attendant that there should have been a sky marshal onboard. The woman who stayed behind a few seats back then proceeded to take some rather heavy carry-on luggage down from the overhead bin. She was with a rather healthy looking man in crutches who seemed to not need them. They both proceeded to scoot down the aisle with her struggling to pull the heavy carry on luggage and I followed behind, as the last passenger getting off the plane. I continued to follow them from behind and they both retreated into the airport restroom. I walked past a bit and then stopped to watch them come out of the restroom. Ten or so minutes they both came out and started walking again pulling the luggage and I started following them from behind. They both pretended not to notice but I could tell they did not like it. I took out my smart phone and pretended to be recording video of them. I noticed behind me a mid aged man who appeared to be a look out person appeared visually alarmed. Then I turned my iPhone toward him and he quickly turned around with his back facing me like he didn't want his cover blown. The woman with the luggage and man with crutches proceeded to exit

where there is car service. I laughed it off and went where I had to take public transportation for the subway train into Manhattan.

Going To See Doctors; Medical Test

Around the year 2014 when I was being targeted heavily with Active Denial I started to see doctors because I was concerned about my own health. Likewise my Mother living in Pasadena, California who was targeted continued to have problems even after being moved to a retirement home and would be taken to see a doctor by my big sister on multiple occasions. The modus operandi of the directed energy assaults would be trying new things by targeting different parts of the body, as if it was tested in a lab somewhere and then applied to the person being targeted. I went to see a dermatologist when I had a dermatitis condition on my leg that looked very similar to radiation dermatitis. The dermatologist said there wasn't much she could do but seemed fascinated looking at it. She said the condition may heal itself or go away on its own. This dermatitis condition developed early on when I was living in Dallas and would received the more crude form of directed energy assaults followed by concussion/TBI type symptoms. The dermatitis condition was still there after moving to New York and it did eventually subside like the dermatologist said it would. I

started to become targeted in the chest so I went to see a cardiologist out of concern of having heart trouble. The cardiologist made me walk on a treadmill, took my blood pressure, and made me go to a lab to take blood samples for analysis, and she also listened to my heart beat. I went back for a follow up and the cardiologist determined that my heart was healthy but she did see something unusual in my blood test: she said my thyroid levels were off. Whether this was the result of my directed energy targeting or exposure to potential harmful radiation is unclear. Like the dermatitis condition on my leg appearing like radiation dermatitis experienced by some cancer patients receiving chemotherapy it was further evidence of being exposed to radiation weapons. Exposure to radiation can affect a person's thyroid. There were times when my throat was targeted around my thyroid area with weakness or soreness to the throat afterward or coughing. I knew this soreness to the throat had to do with my targeting because I could feel that area being hit with directed energy. The thyroid does affect a person's immune system and it seemed I frequently came down with the flu. My head would often become targeted, sometimes I would get the slurred speech or TBI symptoms. I went to see a cancer doctor who advertises on the radio about noninvasive cancer treatment. I believe I told him about

my targeting or I had tinnitus in my left ear. He told me that I could take an MRI. I agreed and went to a doctor's office to lay down in the MRI machine. For some reason the MRI machine made the tinnitus more intense. I wondered if it had something to do with the strong magnetic field while I was inside the MRI machine. When the MRI pictures came back nothing unusual was detected. My eyes were also targeted where I had cloudy or blurred vision and there was noticeable pain so I went to see an optometrist. He observed my eyes at close range by putting a device close to my eye and after observing did not detect any eye damage. My vision seemed to recover over time although there was a noticeable decline in my vision during an assessment of visual acuity (reading off letters from a distance) when taking an annual physical at work but this may have been due to the aging process. I also went to see a general practitioner for a check up and he told me that I was in good health but I should exercise more often and eat smaller portions of food because I was morbidly obese. I stopped seeing a doctor because it seemed the Active Denial technology could make you think something was wrong when in fact it was just a pain weapon with temporary effects that leaves little mark or trace. The downside of being targeted with Active Denial is a person may assume pain is due to their targeting but sometimes it could be a real

health issue. For a year I assumed a tooth pain in my molar was due to my targeting but when I finally went to see a dentist he said it was a cavity and I needed a root canal. My tooth did feel better after seeing the dentist but it just goes to show how using Active Denial or pain reinforcement weapons on people may make them neglect real health issues that require medical attention. When my mouth was being targeted resulting in superficial scratch/ singe marks to the tongue I would just endure the discomfort and the wounds would heal. Sometimes when my stomach was targeted heavily it would result in a little blood in my stool but it only happened on occasion after heavy targeting. My ears too were targeted with some noticeable hearing loss but my hearing would later return like the effect was temporary. I can't say for certain that this did not contribute to some permanent hearing loss like a slight reduction in my hearing. I know in the left ear where I receive tinnitus the hearing is not as good as it used to be before it started due to the directed energy targeting. I also once had an ear infection in my right ear during my young adulthood when a piece of cotton swab became stuck in my ear and it became infected, so sometimes I will get cobwebs in that ear especially during periods of targeting. There is concern about the long term effects of the targeting. As I mentioned earlier I suffered from TBI type

symptoms with slurred speech during intense directed energy assaults. It should be noted that cognitive problems are experienced by athletes as they become older because of repetitive concussions they experience while playing high impact sports like football or boxing. To say non lethal weapons are okay to use because they only inflict pain may be a misnomer. There may be long term health effects with repeated abuse as well as psychological effects like those experienced by torture victims. It also may be a misnomer that microwave type weapons or radiation weapons leave very little trace since they can't be seen. There was some residual clues like a dermatitis condition that could have been radiation dermatitis and my thyroid being affected which is sensitive to radiation.

Targeting While Going to College

When I lived at 393 Edgecombe Avenue I decided to pursue higher education. First it was a college prep course in the summer of 2016 that helped with my algebra so I could pass the entrance exam and then taking the exam and enrolling in college classes. In the year 2017 I chose to go to Borough of Manhattan Community College in Lower Manhattan since it was in close proximity to the World Trade Center towers where I worked. What I didn't know and should have realized because of the location and the fact

the college also offers criminal justice as a major is BMCC is probably also involved with Federal agencies on matters of counterterrorism. This was confirmed when overhearing a conversation between two students that a professor that oversees the school's computer network also works for the FBI. Suffice to say my time at BMCC was not a pleasant one, although I did graduate with an associates degree after two years. There was one student there that reminded me of an informant although I can't say he was one. His name was Fahid and would meet me after class asking for my phone number, E-mail address, and ask a lot of personal questions that were a bit odd like where I went after class. He claimed he was majoring in criminal justice and would dress like a slob and acted a bit loopy or the class clown. It seemed when I was in between classes or sitting in a rest area or study hall Fahid would show up. He urged me to post videos about anything to YouTube and would bring up the subject matter of Islamic fundamentalism and how it was dangerous, he was a bit of an alarmist. Once I got tired of him bothering me and mentioned jokingly why he asked so many questions, then I implied he could be an informant. He immediately became defensive and said the FBI could raid at any moment and I could have ringing in one ear. I thought that was odd since I never mentioned my targeting or was having tinnitus. Another odd

thing is while taking a course over the Summer I saw Fahid neatly dressed in black with another guy dressed the same way like they were scoping out the study hall area, He didn't seem like a slob or acted loopy like before. I don't think he saw me there. Then the next semester here came Fahid again dressed like a slob approaching me. When I was at BMCC I could feel the directed energy when sitting in the rest area in a building called Fitterman Hall. I would describe it as the long range type, not the type I get in my rental room with a person bumping around equipment above me which is a little more intense. The long range was still strong enough to create discomfort whether it be pain to the head or ringing in the ear. I would take an evening class and there was free time between when my class ended and when I had to go to work on the night shift, so I would try to catch up on my sleep. On one side of the building the directed energy seemed stronger. If I tried moving to another floor at first I would feel nothing but then it would start up again. Of course, Fiterman Hall had cameras everywhere. This was also the building I overheard two students claim one of the professor's overlooking the computer network was FBI. While using my MacBook there and the school's Wi-Fi my MacBook would get hot but this is true at work and other places like the Public Library. I had a Macroeconomics class at BMCC's main

building where they have their campus. The professor also worked at New York City Hall. There were some incidents while sitting in class I would be targeted in the throat like the directed energy was trying to create uncontrollable coughing. I believe I did cough once but was successful holding it in. Also while going to this college I got the impression the professors who seemed friendly at first may have heard something bad about me because their attitude would become more distant, not that friendly anymore, although this did not affect my grade, in fact the college seemed all too eager to put me on the Dean's list when I did not request it. The grading also seemed a bit favorable. It could have been the poor quality of students too. Were they trying to make me out to be this psychological profile of an above average intelligence anti-social person? I don't know but truthfully even though I did study a little before an exam my grade point average should have not been the 3.9 I received. During graduation Senator Chuck Schumer, who I actually wrote to when I was getting targeted but received only a generic thank you response, gave the commencement address during the graduation ceremony at Madison Square Garden. He reminded me of the character Sheev Palpatine from the Star Wars movies. While he was talking I was hit in the throat as to cause an uncontrollable coughing like in

my Macroeconomic class but I held it in. His speech was about bashing President Trump and emphasized the many challenges we face today like terrorism. In reality terrorism accounts for the least amount of deaths and rarely affects anyone. He's one of those politicians that likes passing many laws and spending Federal dollars. My college days ended by getting my diploma and after walking off stage I chunked my BMCC cap and gown in the garbage. I then proceeded to go across the street from MSG where my bicycle was chained to deliver food for Uber Eats.

Are PIA's; PMC's; SRP's Involved?

More recently an industry that would rather stay hidden from the general public started to receive some unwanted notoriety. This is the private intelligence business or intelligence contracting agencies or PIAs. Black Cube for example was an Israeli firm that Harvey Weinstein used to keep tabs on his alleged sexual harassment victims. This included having psychological profiles on his victims and using avatar operators (people with fake names) trying to befriend or discredit the women. CBS 60 Minutes did a report on another Israeli firm named NSO Group that developed cell-phone cracking software that can be used on encrypted phones and the clients are law enforcement and intelligence agencies. Peter Thiel's data

analytics company Palantir Technologies created predictive policing software for police who like to boast about lowering crime numbers and more recently there was some controversy about Palantir using Amazon's Cloud in helping aid Federal ICE agents track immigrants. It is alleged that Palantir is so secretive that it uses a SCI facility and not an office complex with a list of clients including the FBI, CIA, and Department of Defense. It has also been reported that Palantir tracks so called "subversives." Palantir is a prime example of the private intelligence industry: It's motivated by profit but enjoys the perks of secrecy and government spending connections. Journalist and activist Barrett Brown who looked into private intelligence contractors using Anonymous hacked E-mails discovered a plot by HB Gary Federal along with Palantir and a private contractor named Berico to urge Bank of America to hire them to destroy Wikileaks supporters. Barrett was later targeted by the FBI. Not only him but his mother. This is very similar behavior to my own targeting with my mother becoming a target. As mentioned earlier a company named Blackbird Technologies who it claims its customers are the Defense, Intelligence, and Law Enforcement communities developed tagging or tracking devices called TTL (tagging, tracking, locating). The company was purchased by Raytheon now called Raytheon Blackbird Technologies. A 2011

WIRED article claims it had employed people from the special forcers and a former CIA operative and goes on to describe how Blackbird tracks targets or is able to hack without a trace. Blackbird is actually one of the older private intelligence companies operating in the dark world. It was purchased by defense contractor Raytheon - the same makers of the Active Denial, Silent Guardian, Assault Intervention Device. A company named Prescient Edge claims on its web site that it was founded as a counterintelligence (CI) and human intelligence company in 2008 serving Department of Defense and institutions throughout the intelligence community. What's interesting about Prescient Edge is it list "directed energy subsystems" as part of its RD&E or an acronym for research, development & engineering. This is similar to Leidos which is an offshoot of the infamous Science Applications International Corporation (SAIC) notorious for mismanagement i.e. the disastrous computer software for the DoD called "Virtual Case File." SAIC is also called the "NSA West." Initially located in San Diego, California it rebranded and branched off into Leidos that is now traded on the stock market and raking in billions of dollars a year employing 32,000 people getting those lucrative Federal and defense contracts yet the average American has probably never heard of Leidos. Leidos even has trouble

explaining what it does on its company web site claiming it's a number of things: IT, engineering, science, data science, operations and logistics, defense, aviation, and biomedical research and is headquartered in Reston, Virginia. Leidos was contracted to identify potential terrorist by analyzing video in America's controversial drone strike program which sometimes kills foreign civilians. That's one of the many examples of what Leidos does related to the defense-intelligence industry and certainly in the case of drone strikes and identifying terrorist a bit of targeting is involved. Many of these private intelligence agencies (PIAs) are located near Washington D.C. because it is crucial to rub shoulders with people in Washington in order to land lucrative contracts. A 2013 article in Mother Jones showed the disturbing trend of the growing private-intelligence boom where a high school drop out could make six figures. It also pays more than a comparable Federal employee job. This could explain why directed energy is being abused. Most of these people lack an education in the humanities. The appeal of private contracting or neo-liberalized defense-intelligence is the ability to bypass bureaucratic red tape while being more cost effective and promoting private sector innovation. The downside is abuses that could occur are mostly motivated by profit or things that can be kept secret because of those who have a vested interest

in the government-private industry revolving door. As pointed out earlier where I worked as a security patrol guard at the NY-NJ Port Authority headquarters in Manhattan I became the target of Active Denial shortly after the Port Authority used the services of The Chertoff Group to restructure its security and police operations. The Chertoff Group describes itself as a global security advisory firm. The Chertoff Group had a white paper on its web site about insider threats. Insider threats is a term used to describe a potential Edward Snowden. i.e. whistle blowers or an employee who may be deemed a threat. Both Michael Chertoff its founder and co-author of the USA PATRIOT act and Michael Hayden who was the former NSA & CIA director has been tied to America's role in torture. Michael Hayden was accused of misleading congress in the 2014 Senate Report on CIA Torture. A good book that goes in depth about intelligence contracting is entitled *Spies For Hire: The Secret World of Intelligence Outsourcing* by Tim Shorrock. It goes in depth about people and contractors involved in the privatized intelligence business. I've seen some targeted individuals on the internet allege that surveillance role players (SRPs) are the actual perpetrators by defense/intelligence contractors. These are people that are hired to be in role play positions used to train surveillance operations. Looking at the employment

classifieds for surveillance role player jobs some of the qualifications listed are “knowledge of surveillance tradecraft, surveillance detection techniques and terminology” and some of these jobs require a security clearance, knowledge of CI (counter-intelligence), HUMINT, with a preference toward former military/law enforcement. Some of the descriptions of what a SRP does is interesting, like one classified by EKS Group where a person will be conducting static, foot, and vehicle surveillance. A secret security clearance is always stressed in these adds as well as using a walkie talkie, surveillance photo/video equipment, geospatial awareness. When I was snooping going up and down the fire escape at 393 Edgecombe Avenue I noticed and even photographed a walkie talkie at a charging area with one walkie talkie missing. If you recall I could feel the bumping underneath while lying down as well as the dragging of equipment above me during strong directed energy assaults. If you recall I mentioned Larry Sanchez, a Central Intelligence Agency officer who worked with the NYPD tracking Muslims and going on “rabbit runs” as a security consultant for the UAE in training its intelligence operations - very similar to surveillance role playing. Another type of contractor that is similar to PIAs and sometimes overlaps is private military contracting (PMC’s) sometimes called mercenaries. The most famous PMC is Erik

Prince's Blackwater that began to grow after 9-11-01. It started to receive flak when the war in Iraq went bad and Blackwater security contractors were accused of killing Iraqi civilians. Like Blackwater a contractor that received some flak in Iraq was CACI International who's web site claims it provides services to many branches of the US federal government including defense, homeland security, intelligence, IT but became enthralled in the Abu Grahیب prisoner abuse scandal. Another contractor named Titan Corporation (now L3) was also involved. CACI and Titan were providing interrogation and translation services at military prisons in Iraq. In 2004 former Iraqi prisoners tried suing the contractors alleging they participated in torture, war crimes, and crimes against humanity etc. Why is this important if you are being covertly targeted? Because what Iraqi prisoners are alleging in their lawsuit is very similar to what targeted individuals describe. Both of these contractors that were involved in Abu Grahیب are still receiving defense contracts and are very much in business. Some torture watch dog groups like the one's based out of North Carolina called NCCIT, NCSTN, and NC No Torture have been protesting a CIA front company called Aero Contractors, headquartered in North Carolina that launch planes that the anti-torture groups call "torture taxi's" which are used in America's extraordinary rendition programs,

Black Sites or RDI (rendition, detention, interrogation). What I just demonstrated is there is a for-profit targeting industry comprising of many defense-intelligence contractors. Palantir tracks subversives using surveillance and data science; Leidos analyzes video for the military for potential terrorist targets in drone strikes; Blackbird created tagging technology to allow special forces to follow a target, SRP's trains groups of people who can obtain a security clearance to follow a target (rabbit).

Trying to Protest Directed Energy

In 2015 I attended a targeted individual protest that I saw posted to a Facebook group. It was a follow up to a protest that occurred some weeks earlier in Washington D.C. I believe one of the people at that protest was named Tyrone Dew. I took a bus from Chinatown in Lower Manhattan and arrived in the morning. The one I showed up at had fewer protesters and coincided with Anonymous who were holding the Million Mask March although the protest were not related. I met a person there named Todd Giffen from the state of Oregon who looked like a borderline homeless person holding up a Obamaweapons.com banner. He claimed to have received abuse at an Oregon State Hospital and was championing an author named Dr. Robert Duncan. As I stated earlier

in the introduction of this book there are a lot of questionable people in the targeted individual community who claim to be doctors, scientist, former NSA, CIA etc. Duncan was one of them. I knew in my case the harassment had a more mundane explanation than the brain being controlled by satellites. Two other guys from North Carolina showed up and one of them claimed he also suffered from sleep deprivation and was being hit with directed energy and ringing in the ear. He also claimed to have a targeted family member in his targeting. I mentioned the "whump...whump...whump..." sound I could hear when placing my ear to the floor while the directed energy activity was strong and the man from North Carolina said something like it was resonators. He also claimed what I was being hit with may be an ultrasonic weapon. I had some crude bright colored protest signs with the words America's Torture Directed Energy written on them using a black marker. In retrospect I wish I put more effort into the signs like printing out the lettering instead of them being hand written. We did a photo op holding up the signs in front of the White House. One of the White House Security guards went up to us asked what does DEW mean that was written down on one of my signs. I later found out that a former secret service White House guard claimed to be targeted with directed energy when the secret service started to receive

negative news headlines regarding going to strip clubs on trips when Obama was president. It was a very humbling experience holding up signs about being targeted in front of onlookers and tourist. All four of us were a bit nervous to approach people and it was a bit embarrassing. Todd Giffen through wasn't as bashful. He had been in Washington awhile and we had photocopy papers promoting his web site to hand out. It helped a little that the hacker group Anonymous was also there holding protest. I later learned watching a documentary named Hacker Wars that by that time one of the hackers with the group Anonymous was actually helping the FBI . I believe Todd Giffen really admired Anonymous and mentioned them on his web site however I was apprehensive is following people who wear mask thinking they could easily be informants. Sure enough the documentary Hacker Wars verified my suspicions.

Upon returning to New York I felt empowered and somewhat liberated to stand up against the man. I wanted to stage my own protest in New York. My efforts to stage targeted individual protest were unsuccessful. At first I looked at getting permits at the areas that I wanted to protest. After making some calls I was told to go to the proper precinct to get permission, see if it does not conflict with another protest, fill out a form etc. but if it was under a certain amount of people that I

did not need a permit unless there was loud audio. I proceeded to stage my own protest and made more hand written signs with a black marker on bright poster board paper. I tried to promote the event by making photocopy flyers and taping them with scotch tape at various locations in Manhattan like Union Square on 14th Street, NYU, and Times Square, also subway stations. I believe I even tried promoting it on Facebook. I pictured a lot of people potentially showing up and during the day of the event it was just me standing there holding up a sign standing across the street from the UN building. I would try handing out photocopy paper about directed energy and occasionally a UN employee would walk by and take a copy just to be nice or a passer by would ask what it was about. Then one person showed up. He appeared to be borderline homeless. His name was Messiah Santiago and said he was from the Bronx and lives in Atlanta. He would yell "Trump for President!" At first I thought he was there to disrupt my protest but I later learned that he believed his E-mails were being hacked and he claimed his father was murdered by the Obama administration and that he was also involuntarily institutionalized and later released from a psychiatric ward or hospital. He was also a rapper who had a hip-hop record during the 1990s entitled Survival of the Fetus. Messiah continued to yell at passerby's and had some experience in

promotion. He said his job was handing out flyers in Time Square, that's where he saw one of my photocopied promotions taped to a post. He also gave me advice that I can't look nervous, I have to be self confident in order to effectively promote my message. We took a break from protesting to make some more photocopies and I bought him some lunch because he said he was hungry. We tried protesting a little more and then he split. While there I noticed there was an undercover guy in dreadlocks posing as a homeless man. There were times I tried going back to the UN to hold up a sign and hand out photocopied protest papers and the same guy was there. He would go up and ask about what I was protesting. Around the same time or the following year I tried staging a protest around the Federal Building in Lower Manhattan where I walked around the building with a hand written "Tortured With Directed Energy" sign on bright colored poster board and was approached by a person in a DHS truck who told me that my sign was upsetting people who worked in the Federal Building and that I have the right to protest but he also implied that he could cause trouble. Wanting no trouble I agreed to leave. Each time I went to a protest like the one in Washington or staged my own in trying to make the public more aware of directed energy and my targeting I faced retaliation by my harassers in the form of intense directed energy assaults, so did my

mom in California. As pointed out it seems family members are targeted as a form of intimidation.

In October 2017 I attended The First Annual Unity and Hope Conference in Boston, Massachusetts. I purchased airline tickets and flew into Boston and rented a car, also booked a room using Airbnb. The conference took place in a remote wooded area south of Boston that had facilities like for family reunions and gatherings. I showed up about mid day and made a donation to the organizer Allison Ireland who said she was still thousands of dollars in the red from putting the event together. She claimed to be suffering from V2K. I was handed a questionnaire for feedback about the speakers. One question asked if I thought any of the speakers were spreading disinformation. Unlike the previous protest attempts there were more people here, enough for a small audience. A public address system and a TV was set up for prepared videos with different people scheduled to speak. Some people came from around the country. There were two men who claimed to represent PACTS International wearing PACTS T-Shirts. Their presentation was mostly conspiratorial. One member was fond of chemtrails. A person named Dr. Matthew Aaron gave a presentation claiming that drywall viewed by a blacklight could have

been involved in his microwave harassment. He was a proponent of the criminal element being behind the targeting. Two of the women speakers blamed their X-husbands. One tried to sell that the targeting was a real estate scam. The people there were a weird mixture of conspiracy types, internet personalities or TI's who posted videos to the internet, targeted individual bloggers, victims who were desperate for help, and some who came across as having real mental health issues. I met two people outside who just arrived by Uber and were seeking legal assistance from one of the speakers who was giving a presentation on legal matters. I asked why they were targeted and they said it was because of drugs. Both appeared skinny like they may have been using opioids or meth and claimed that they were being chased even to Hawaii where the activity would follow them. I asked about the marks on their wrist and they claimed it came from directed energy assaults. I also saw marks on other people who claimed it was from directed energy. If you recall when visiting my Mom in California and going to the beach she had two circular marks on each toe; I also developed a big welt on the back of my neck when first targeted with the Active Denial in 2013. At the conference there was a disruptive person who walked around outside yelling and screaming that people inside were perps or Masons. I tried to determine if he was an

agent provocateur or on the verge of a psychotic break. I noticed him calmly go inside the conference room kitchen area to get some food so I tended to believe it was just an act. Some of the people in attendance had a peculiar demeanor when approached. They would only respond with a few polite words and then abruptly turn away or walk off, disinterested in what I was going through seeming not to care. I sat there alone at my own table for awhile a bit isolated. An African American woman sitting outside on a bench also noticed the off-putting behavior thinking many of the people there were racist but the same thing was happening to me and it wasn't racism. Some of the people there and speakers may not have been real targeted individuals like some of the targeted individual personalities boasting impressive credentials like being a doctor or scientist. One gray haired man who appeared charismatic wearing a suit and went by the name Richard Lighthouse claimed he worked at NASA. His intentions were so noble he released free self-published books and urged others to do the same. One look at his books though there were some immediate pseudo-science red flags like believing in faster-than-light travel or time travel. It was almost like some of what I was seeing was a marginalization effort and this has been my impression about targeted individuals on the internet too, including Facebook groups and

YouTube accounts where 3/4's of the people appear to be fake. I realize my own claims of being targeted over UFO research may have seemed suspect or bizarre to some considering news of the Pentagon's secret UFO study wasn't revealed yet. The news that people did talk about a lot at the conference was Aaron Alexis The Navy Yard shooter and the Cuba embassy attacks. News of the Cuba embassy attacks on US diplomats or US spy's was validation to some there of the reality of directed energy being covertly used against people. A woman with glasses from Kentucky or from some state in the mid west got up even though she was not a speaker and told of being targeted after whistle blowing some fraudulent scheme involving her state's government. A man who claimed to be a private investigator from Chicago started heckling the woman like she was on cross-examination. One man outside had giant antennas on his car and he was walking around the parking lot holding a probe. Another man lived in an RV claiming to have been targeted while having a government job and forced to take an early retirement. I mentioned my own experience of being targeted with Active Denial living in a rental room in Manhattan because of UFO research. I showed him an illustrated book I was working on depicting UFO occupants or aliens. He had a serious look on his face and mentioned as a child he was visited in his bedroom by what

he termed the frog people like in an alien abduction and he remembered telling his mother about it. There was some useful information shared at the conference like using shielding material, grounding a faraday cage or grounding shielding material (passive shielding) which is something I have not tried. Back inside the conference room on a table there were various EMF meters on display that I took a photo of. One old woman came up to me and said she thought the people doing the harassment were part of Agenda 21 which I thought was a silly assertion but very reflective of some of the Trump supporters in the room. I knew from my own experience being targeted that the targeting was bi-partisan going from Bush to Obama now into the Trump presidency and not a whole lot was being done about it. It seemed politics played into some people's conspiracy beliefs and this became true with some members there later calling themselves Targeted Justice including Richard Lighthouse. The old woman who came up to me thought I should have a radio show or podcast about targeted individuals and appear on a popular internet call-in program called Ella Free. I later did appear on Ella Free after a call out of the blue from her to schedule an appearance because I gave out my phone number at the event. Later I crossed Ella for criticizing her anonymity and some of the call-ins that seemed staged like they were from voice actors or what some

targeted individuals call street theater. I noticed too on some of these call-ins, not only Ella Free but show's like Frank Allen from Targeted Massachusetts (who has a silly radio announcer voice) that there would be interruptions from other callers going off on a tangent or noises and sound effects being played on the line trying to interrupt or distract from a conversation. Also at the conference were two people. It was a freelance journalist woman and her boyfriend. She was writing an article about targeted individuals for WIRED. They sat at the same table as me and were cordial. She was holding a note pad. I learned that she lived in New York and told them what I was going through but they didn't seem that interested and could tell they were not taking a lot of the speakers seriously. This was shortly before negative articles depicting targeted individuals as crazy or delusional started to appear in the media like the New York Times. Many of these articles followed the same formula of being dismissive relying on a psychologist experts from Academia. Before that I believe the only reporting was a conspiracy show by Jessie Ventura called Brain Invaders. At Unity and Hope there was another old woman who was conducting a survey or data collection about targeted individuals that would go to famed NSA whistle blower William Binney and J. Kirk Wiebe but there was one catch: the survey

ended during the day of the conference. People kept going up to her asking if they could submit their info since it was the first they heard of it. She kept telling them that the survey was closed and she was just there to inform people about it. To this day nothing ever became of that survey. Targeted individual survey's are something I've seen before. Around that time a moderator on Reddit wanted targeted individual info that was supposedly going toward a movie producer. Some organizations want names for a class action against big brother like the aforementioned Targeted Justice even though the federal government has sovereign immunity and may not be sued. Do these data collection efforts have ulterior motives or it's just out of vanity? One strange thing about Unity and Hope is I didn't feel any directed energy assaults during the time I was there. Before the conference ended two men set up a directional audio device as an effort to demonstrate V2K. They asked for volunteers to stand in its aim to see if they could hear anything. They appeared to have technical difficulties. I stood for a moment but I could not hear anything. As I was leaving though I could feel a pain in my throat. I started to wonder if that device was not really what it appeared to be but modified to be something else like some sick inside joke by the two men operating it. I got in my rental car and started to drive off. One poor young

woman was walking around looking depressed and lost like she was on the verge of suicide, the clear effects of psychological warfare. It became obvious this conference had no real answers to the plight people were going through. I thought about stopping but there wasn't much I could do either being targeted myself and having to return to the airport to catch a flight back to New York. One thing that struck me though is nobody there talked about the targeting industry involving intelligence contractors, the Peter Thiel's, who target whistle blowers or the kill list like the Disposition Matrix that has similarities since it involves targeting. This is something of course that I would only learn more about later through my own research as previously discussed.

I went to one other protest in 2018 called Global Targeted Individual Day on a very hot summer day at New York City Hall. This protest was marked with controversy when the organizer, Shayla Avants from Florida, who had a web site called TI-USA abruptly took the web site down a week before the event over a dispute. Coincidentally or not before a protest there appears to be infighting amongst the targeted individual community. Some of this of course could be attributed to clashing egos or general narcissism but I've always found it suspect. Thus I put up a copycat web site/

Weebly page that listed the various cities that already planned events and a Facebook page which later got hundreds of followers. It appeared my cloned web site worked and some of the protest organizers from various cities contacted me to change some of the info at the last minute, even cancelations. The day of the event I went to New York City Hall Park and there was a small group of people sitting on a park bench. Fliers that described gang stalking, being microchipped, or just "organized stalking" were handed out earlier that day. A few passerby's would stop and chat. I had some photocopies of my own about directed energy and intelligence contracting like Black Cube, the other TI's though seemed more interested in the usual conspiracies. One person there who said he worked in IT and was from Long Island talked about nano bots and that he was targeted because he saw ghost and had supernatural powers. One thing interesting though, I mentioned that I use free Wi-Fi and when looking for Wi-Fi on my MacBook sometimes I'll see "FBI Surveillance Van" in the list of Wi-Fi networks. He laughed and said he sees that too and it's them just trying to mess with you. I took a short video of the group to show solidarity and then people were ready to leave. One person from the Bronx wearing a red bandana went to Yankee Stadium to participate in Strike Out Targeting. He claimed to be the victim of gang stalking. The concept

is to spread awareness about targeting at sporting events. The event organizers I believe are from the Mid West but try to affiliate with people nation wide to hand out fliers and leaflets at baseball games and football games.

The Future of Targeted Individual Activism/ Protest

I started to become jaded with targeted individual protest and gatherings due to the fact that it was so easy to marginalize the subject matter. I tried posting videos to YouTube educating people about directed energy but had very little views. Other targeted individuals were complaining about shadow banning where it is alleged big social media giants restrict traffic from going to certain people who have offensive content. The media or what we call the Fifth Estate generalizes all targeted individuals as crazy and does not investigate those in government or private intel contractors who can do things out of secrecy because of the so called War on Terror. Spreading awareness or any type of activism became an exercise in futility considering I would often receive retaliation with strong directed energy attacks when going to a protest, posting a video etc. with little results to show for it. That said, since Unity and Hope in 2017 there has been an effort to protest by various organizers. In

recent years like in 2018 and 2019 there have been targeted individual protest internationally in countries like Poland, South Korea, Japan, England, Italy where people have held up banners protesting the abuse of directed energy. These usually coincided with protest in the US like Global Targeted Individual Day or Spring Day Rally. One last thing I should point out is targeted individual protest have been occurring before I attended my first protest in Washington. Some of these protest efforts were really small or were planned but never materialized. All of these efforts have been forgotten about or there is little reference of on the internet. This is because targeted people become active in trying to protest their abuse at first but eventually go away when it becomes obvious nothing is going to be done or there are not enough people. I recall one person planning to protest up the East Coast in front of Federal buildings in cities like Philadelphia, New Jersey, New York but claimed it was foiled by an informant. In recent years though protest have drawn more crowds. It is unclear whether the momentum will continue or wither out over time.

A Solution To Stop The Targeting Abuse

A solution may be to focus on policy change instead of being marginalized or stigmatized as a targeted individual. Focus instead on the

source of the targeting like the secretive Homeland Security, military spending, defense-intelligence contracting to try and put a stop to it. I knew that the people dragging equipment on the floor above me were on a payroll, and probably contractors, diverting money away from these people that are using Active Denial against citizens is a way of stopping the targeting or America's role in Crimes Against Humanity. The government can do things too instead of being complicit or negligent in covert weapon abuse. The oversight that should be in place to prevent the abuses that you have read about in this book are obviously not working. People's rights should be respected. There would be a level of transparency in regards to techno weaponry in the 21st Century. We should go back to the basics. A person should not receive punishment until they are charged with a crime and the punishment is understood by all. I'm not protected under the Bill of Rights yelling fire in a crowded theater and neither should our government yelling terrorism and playing on people's fears to justify spending. The spending should be diverted elsewhere like to teachers, highways, or the homeless problem. The neoliberalism of government-intelligence-defense also needs to be re-examined. A profit driven industry that lacks transparency and proper oversight because people want to be 007 can lead to abuses or overzealous behavior. This

is exactly what I have illustrated in this book.

The Most Likely Suspects In My Targeting Abusing Directed Energy:

- Intel Contractors (PIAs): As previously mentioned it is a “risk mitigation” industry of former defense-intelligence people that specialize in tradecraft or targeting. Like leaches they thrive off Federal spending using their Washington connections, cater to rich clients, and powerful corporations. Many hide under the radar with names like Black Cube or Black Bird and receive very little news coverage. It can be compared to the Erik Prince mercenary business “Blackwater” that proliferated after 9-11. Intel contracting is not only big in the US but now international. Recently there has been a backlash over intel contracting with names like Palantir Technologies, Cambridge Analytica, and Black Cube making the news. Also these contractors give the government the ability to skirt around people’s rights without being held accountable where targeting will not show up in an FOIA request as my request to the FBI yielded nothing.

- The FBI: The Intercept revealed the FBI had become overzealous with what is termed “disruption programs” during the so called War on Terror targeting many types of people it did not want to take to court out of the

embarrassment of losing a court case. The FBI has a history of surveillance abuses going back to COINTELPRO and has been accused of entrapment targeting gullible/ hapless losers using informants. The FBI also monitors, targets people, and infiltrates groups deemed subversive.

- Law Enforcement: It was revealed the NYPD has non-disclosure agreements with private contractors testing new technology as well as enjoying Federal funds for its counter-terror operations. It was also alleged that police departments receive used military grade equipment from the wars in Afghanistan and Iraq. When City Hall in New York proposed a Police Oversight Surveillance Act (POST Act) the NYPD went on the offensive claiming it would inhibit their counter-terror operations with one journalist calling their opposition to more transparency misleading. See-through technology such as body scanners using passive millimeter waves were tested by the Port Authority and at Penn Station in Manhattan. The police have not been helpful in the plight of TI's as many who go to them for help report involuntary institutionalization, 5150, Baker Acted.

- The CIA: The 2014 Senate Report on CIA Torture has similarities to what targeted individuals describe like using sleep deprivation and threats to family. Most people

think of waterboarding when it comes to Gitmo but various things were tried at black sites. Although the CIA is associated with foreign matters, some CIA officials have been involved with local law enforcement like Larry Sanchez who followed and stalked Muslims in New York before becoming a security consultant for the UAE going on “rabbit runs” - similar to surveillance role playing (SRPs).

- Homeland Security (DHS) & Counter-Terrorism Bureaucracies: Many targeted individuals are suspect of DHS Fusion Centers. Information sharing sites locate around the US that are very secretive and out of the public's eye monitoring the population. The “Watch List” system has been brought up by targeted individuals and civil rights organizations. Now there is more emphasis on “domestic terror” threats.

- The Department of Defense (DoD): The beginning of my targeting coincides with the Pentagon's UFO Threat Identification Program when I was posting to UFO forums and compiling information for a UFO web site. One of the more public figures associated with that program specialized in counterintelligence.

- DARPA: Some targeted individuals will mention DARPA who is connected to the Pentagon or military. Partly due to their

developing scary-new-innovative-weapons image. DARPA are involved in directed energy (DE) technology for military applications. In 2014 to 2016 DARPA was involved in a program called SIGMA with the NY-NJ Port Authority to develop and test low-cost high efficiency radiation sensors around the city.

- Billionaires: Robert Bigelow, an eccentric billionaire from Las Vegas can be attributed to the Pentagon's UFO Threat Identification Program because of his friendship with then Senator Harry Read. There was tremendous paranoia by Bigelow over foreign adversaries like China and their growing interest in UFOs. Billionaires would have the money for stalking like Harvey Weinstein using Black Cube. Bigelow himself has a history of paying teams of people, researchers, UFO organizations like MUFON (Star Team) to satisfy his own UFO obsession. Journalist and activist Barrett Brown who looked into private intelligence contractors using Anonymous hacked E-mails discovered a plot by HB Gary Federal along with Peter Tiel's Palantir and a private contractor named Berico to urge Bank of America to hire them to destroy Wikileaks supporters. Another possibility is a Billionaire using their influence in government to have a person watch listed or harassed. A recent news story alleges Harvard Law Professor Alan Dershowitz claims former President Barack Obama personally

asked the FBI to investigate someone on behalf of George Soros.

Glossary of Terms

5150: California law code for the temporary, involuntary psychiatric commitment of people who appear crazy, unstable. See: Baker Act, involuntary institutionalization.

anechoic chamber: is a room designed to completely absorb reflections of either sound or electromagnetic waves. Used to test electronics, wireless technology.

agent handler: an intelligence officer or co-opted worker directly responsible for the operational activities of an agent.

agent provocateur: a person from the intelligence community that stirs the pot, creates conflict within a group - usually in foreign operations.

algorithms or surveillance algorithms: people are sometimes targeted by an algorithm by Palantir Technologies and

flagged as people of interest that can face extra police surveillance. See: dragnet electronic surveillance.

avatar account: a fake online ID or persona used for stalking a target by a private intelligence contractor.

Active Denial: an early pain ray maser weapon developed by defense contractor Raytheon for crowd control.

active shielding: equipment like jammers to disrupt surveillance, electronic harassment.

active shooter: a term by the DHS to describe mass shooters or a person "going postal."

Baker Act: A Florida law - the same as involuntary institutionalization.

beacon or beaconry: device typically fastened to an object or individual that transmits a radio signal in order to track its location.

behavioral modification: the theory that some targeted individuals are being tortured as a means of control.

bioeffects: effects of radio waves and high-powered microwaves on the human body.

bioethics: ethics of biological research whether it be medicine, weaponry, etc.

biological warfare: the use of toxins of biological origin or microorganisms as weapons of war: opposed to chemical and biological warfare.

black bag: unauthorized search or break in to someones house to go through their

belongings.

brighting: the shining or flashing car headlights; high beams on a target.

bug: concealed listening device.

censorship: the ability to stop free and open expression from reaching the public.

chem-attacks: where a targeted individual believes some type of chemical or substance is used in their harassment. See: bio-warfare.

civil harassment: abuse, threats of abuse, stalking, sexual assault, or serious harassment by someone you have not dated and do not have a close relationship with, like a neighbor, a roommate, etc.

civil law: disputes between individuals, organizations, or between the two, in which compensation is awarded to the victim.

class action: a group of people want to collectively sue usually a powerful interest. Suing the government may be hard because of sovereign immunity. Class actions are common against corporations.

COINTELPRO: counter-intelligence by the FBI against suspected communist, and the civil rights movement during the Cold War.

community policing: some targeted individuals believe that community policing or neighborhood watch groups are complicit in their targeting, infraguard etc.

conductive energy device: a device that conducts electricity when it hits the skin like a taser used by law enforcement.

conspiracy theory: the belief that there's

something sinister, afoot involving the powers that be - made popular on the internet and late night talk radio.

conspiracy to commit: in criminal law where there is an agreement between two or more persons to commit a crime at some time in the future.

counter-intelligence: gather information to neutralize or disrupt activities that threaten national interest.

covert-action: a secretive action to neutralize a citizen deemed a threat, usually death.

Crimes Against Humanity: extrajudicial prosecution, torture, etc.

criminal element: the element of our economy involved in illegal activity or criminal enterprise.

criminal law: is the body of law that deals with crime and the legal punishment of criminal offenses.

Dark Enlightenment: a term used to describe an authoritarian or autocratic national security state technocracy. Also called neo-reactionary or NrX.

de-humanize: to take away qualities that makes us human like compassion toward others.

denial of service attack or, DoS, DDoS: overwhelming computer system in a bid to take it down/crash or interfering with a person's network/internet connection.

delusional: a false belief associated with

mental disorders.

despotism: the exercise of absolute power, especially in a cruel and oppressive way.

DEPS or Directed Energy Professional Society: a non profit established in 1999 that advocates directed energy.

Directed Energy (DE): used to describe weapon technology like lasers, masers, RF, microwave highly focused energy.

Directed Energy Weapons (DEWs): associated with high-energy laser weapons used by the military to shoot down a drone, etc.

disposition matrix: used to describe black sites, kill list, predator drone strike programs.

disruption programs: the FBI tries to disrupt a persons activities without taking them to court.

dissident: a person who opposes official policy, especially that of an authoritarian state.

dragnet electronic surveillance: cell phones, internet, social media are monitored for certain words or phrases thought to be associated with terrorism, and the results used to cue focused investigations.

electronic harassment: a figurative term by targeted individuals to described directed energy or electromagnetic weapon assaults.

emotionally disturbed: a term often used by law enforcement to describe a person's erratic behavior; usually someone very upset.

entrapment: setting people up for terrorism

plots by the FBI.

Faraday Cage: a grounded metal screen surrounding a piece of equipment to exclude electrostatic and electromagnetic influences.

flag waver: someone overly patriotic into nationalism, troop worshipping and will go along with any war - the flag is always on display.

front organization: an organization like a non-profit that really serves the intelligence community.

FISA Amendment Act: foreign intelligence surveillance act that is often cited by targeted individuals. Similar to the Patriot Act.

Fusion Center: information sharing centers to keep track of citizens by the DHS that are in locations across the US kept secret from the public.

gang stalking: a term by targeted individuals to describe coordinated groups of people, perhaps surveillance role players, or intel contractors who overtly follow and stalk a person as a form of intimidation/ pressure tactic.

gaslighting: manipulate (someone) by psychological means into questioning their own sanity.

ghost: a term for special FBI agents who follow someone on foot or traffic without being detected.

ghost rental: a room rented out in an apartment or house to someone not on the lease agreement.

hacking without a trace: a tactic used by private intelligence contractors to snoop of a target's computer.

hostile working environment: a targeted individual may report changes in a coworkers behavior usually on the negative in the workplace.

HUMINT: military terminology for gathering human intelligence.

hybrid warfare: unconventional warfare not involving a traditional army to fight against like hacking, manipulating social media.

HyperSound: focused audio directional speaker technology.

informant: snitches for the FBI that try to incriminate someone; they appear like civilians and try to befriend others.

insider threat: someone within a company that divulges unauthorized company secrets or a whistle blower.

involuntary institutionalization: when a person is deemed crazy and held for psychological examination against their will usually after approaching police. See: Baker Act.

lasing medium: is the source of optical gain within a laser.

law enforcement: armed uniform people on a government payroll that enforce the laws.

Less-Lethal Weapon: A nicer term for non-lethal weapon.

lone wolf: a person, usually a loner, acting alone in some plot.

loser: an unambitious person who fails respectable achievement by society standards; is usually insecure around others.

LRAD or Long Range Acoustic Device: it produces a very loud sound to ward off pirates or disrupt unruly crowds.

MKULTRA: a mind experiment program against unknowing citizens during the cold war using involving LSD.

marginalization: to make a victim or person seem less important, not credible.

maser: microwave laser that is invisible to the naked eye.

MEDUSA: a weapon similar to LRAD but would project loud voices into a person's skull using microwaves instead of sound.

mental health: an explanation often cited by the media to explain disturbing actions by an individual.

microwave auditory effect or Frey effect: human perception of audio clicks or speech by pulsed modulated radio frequencies.

militarization: when police take on the appearance and practices of the military like its counterterrorism operations.

millimeter waves or extremely high frequency (EHF): microwaves in the electromagnetic spectrum from 30 to 300 gigahertz. Used in Active Denial, see-through technology, 5G wireless.

nanoparticles: tiny particles that may be applied for medical use like fighting cancer. Some TI's believe it used in their

harassment/mind control.

no-fly list: a category of the watch-list where a person deemed dangerous can't fly.

no-touch torture: a term by the CIA to inflict pain without physical restraint/touching; described in the KUBARK manual during the Cold War.

noise campaigns: noise designed to pester a target, usually loud cars repetitively driving by, sometimes helicopters or low flying planes.

non-consensual experimentation: targeted individuals believe that they are not only being harassed but experimented on as their reaction to new things is being tested.

non-disclose agreement: a signed agreement between parties to not divulge information.

non-ionizing: stuff that isn't radioactive like RF, microwaves, wi-fi.

non-lethal weapons: weapons to inflict pain that don't cause physical injury.

pain compliance: is the use of painful stimulus to control or direct a person or animal. Tools such as a whip or electroshock weapon, or use chemicals such as tear gas or pepper spray

Palantir Technologies: A CIA funded Sensitive Compartmented Information (SCI) and block chain encrypted private intelligence company that's into predictive policing using data mining/ shared databases.

parrilla (torture): is a method of torture

where the victim is strapped to a metal frame and subjected to electric shock or conductive energy.

passive shielding: material used to shield or absorb directed energy.

Patriot Act: emergency legislation to strip a citizens rights away including privacy because of the War on Terror following 9-11-01.

penal code: a code of laws concerning crimes and offenses and their punishment.

Peeping Tom laws: laws against citizens looking into a neighbors house even if the person looking is suspicious of them.

perp: a term used by targeted individuals for perpetrators - people who stalk; harass.

plausible deniability: an action that can be denied because there is little to no physical evidence.

predictive policing: data on the times, locations and nature of past crimes, to provide insight to police strategists. Private contractors that specialize in data analytics like Palantir Technologies are sometimes involved.

Private Intelligence Agency (PIA): contractors who do the spy work of intelligence agencies using connections in Washington.

Private Military Company (PMC): modern-day mercenaries or armed contractors filling the military's role in hostile/combat situation, also providing armed security escorts.

psychological break: when a person loses

contact with reality sometimes becoming violent.

psychological warfare: head games to keep a person feeling down, oppressed.

Public Oversight Surveillance Technology Act (POST Act): Proposed legislation by NY City Hall in 2018 to make the NYPD more transparent about snooping technology.

rabbit: the person being targeted. The term comes from a paper rabbit used in target practice.

rabbit run: groups of people chase a target (rabbit) on the move.

Raven Claw: an electronic warfare tool by Raytheon rumored by some TI's to be used in their harassment.

RDI: acronym for rendition, detention, interrogation.

resonator: is a device or system that exhibits resonance or resonant behavior.

security clearance: a clearance to access sensitive national security information by government, military, private-affiliated contractors.

see-through technology: devices that can see through clothing, walls to detect objects.

SCI: acronym for secret compartmented information.

sousveillance: when a person being monitored or stalked records the stalker using a wearable device, smart phone etc.

sexual-touching: when a targeted individual believes they are being violated sexually by

their harassers.

shadow ban: when social media giants allegedly mask or hide a person's post from regular feeds due to offensive content.

Silent Guardian: smaller version of Raytheon's Active Denial System (ADS) that was going to be truck mounted.

silent weapon: another name for directed energy.

sleep deprivation: a torture tactic to lesson a person's quality of life or to show disapproval of their activity.

sonic projector: an ultrasonic weapon by DARPA that creates sound that you can only hear using high powered acoustic transducer technology.

smart dust: tiny sensors that look like tiny specs, a concept in the 1990s by an academic named Kris Pister.

Southern Poverty Law Center: a quasi-government non-profit organization that keeps track of so called hate groups. The name derives from a negative Southern stereotype.

social justice warrior (SJW): angry left-wing activist who believe in social justice causes and political correct views to not offend. Prevalent in America's liberal-bias media.

sovereign immunity: a general rule that you cannot sue the government.

stakeout: a period of secret surveillance of a building or an area by police or FBI in order to

observe someone's activities.

stake-out box: groups of cars driven by FBI agents try to box a person who is being followed.

stalking: watching or following someone without their knowing.

street theater: staged conflict or drama in gang stalking campaigns to instill anxiety and fear into the target.

surveillance role players (SRPs): people who role play in training situations involving surveillance operations, hired by intel contractors.

tagging, tracking, locating (TTL): tagging and tracking devices by private intelligence contractor Blackbird Technologies, now Raytheon Blackbird.

targeted individual (TI): people who believe they are the targets of covert harassment.

targeted family: an intimidation tactic used to punish or silence a target.

technocrat: people who advocate, worship technology - it's the answer to all our problems.

telephone harassment: occurs when someone intends to annoy, harass, or threaten you by calling your number.

terrorism: associated with violent acts by radicalized people who oppose the government. Some say the term is political.

tort law: is a civil wrong that causes a claimant to suffer loss or harm, like a car

accident, slipping on a wet floor.

tradecraft or surveillance trade craft: a term mostly used to describe spying.

tradecraft terminology: See terms and definitions of interest for DoD

counterintelligence professionals. e.g. agent handler; backstop; bigot list; black bag job; bug; burn notice; cell; clandestine operation; code word; covert action etc.

traitor: a person who betrays their country in favor of another.

troll: a person on the internet that is provocative for kicks.

troll factory: a term used to describe hackers planting false stories on social media in an act of hybrid warfare.

tyrant: cruel oppressive rule - sometimes disguised as patriotic.

ultrasonic weapon (USW): are weapons of various types that use sound to injure, incapacitate, or kill an opponent.

useful idiot: a cheerleader for the other side although not respected by the enemy.

Voice-To-Skull (V2K): where voices are projected inside a person's head without sound. Some targeted individuals believe that they are the victims of this type of harassment.

Voice of God Weapon: A weapon that projects loud voices inside someone's skull. See MEDUSA; sonic projector; LRAD.

watch-list: a list by homeland security to keep track of subverts, radicals, potential

domestic terrorist or allegedly targeted individuals.

About The Author

Stephen Watson graduated from Borough of Manhattan Community College in 2019 with an Associate of Arts degree majoring in Liberal Arts. He ran a music label, released self-published books about UFOs, and works as a security guard during the night shift.

Addendum

For photos and source links visit Stephen Watson's Wordpress web site under Activism:
<http://stephenwatsoon.wordpress.com/activism/>

A web archive of his UFO research can be seen here:
<http://www.oocities.org/topsecretresearch/>

Edited Out Chapters, Rantings, Manifestos

Politics Of Fear & Neo Liberalized Intelligence

Today we live in a system that I call the fear complex that is just a logical fallacy known as Appeal to Fear. How it works is you must give up your privacy and freedom so the government can protect you against threats creating all this extra bureaucracy. It used to be the angry Muslim, then domestic terrorism or hate groups. America's War on Terror reminds me of something out of the crusades like Charlemagne or *The Songs of Roland*. Now they have focused their attention on domestic terrorism like something out of the inquisition. It's usually the dangerous lone wolf or some hate group that does not conform to today's political correctness but it seems it's not only Antifa or White Nationalist that lack tolerance resorting to violence but our own government as you will later read. There are plenty of politicians who are alarmist and play on people's fears because it means receiving money which in turn means jobs. It very much has become a part of our institution like having very large prisons or the world's largest prison population. Playing on people's fears since 9-11 has almost become an unquestioned part of our economy. You're not supposed to question the war on terror but instead just accept it for

your own good. Some have used terms like the dark enlightenment that refers to a type of totalitarian national security state. It's a job for many from private intelligence contractors to special law enforcement units to Federal agencies created after 9-11 but in recent years however there has been a push-back on this free-for-all surveillance state. Much of this push back has to do with contentious political policy like immigration. Inevitably, those in political power will use counterterrorism or surveillance powers to serve their own agenda. After all, who's keeping tabs? It has crossed over into issues such as immigration like Federal ICE agents profiling immigrants or private intelligence contractors like Palantir using big data, algorithms, Amazon's Cloud to track a person's whereabouts. Tech makes it easy for the government to know your location and what web sites you go to. In 2018 a bill was introduced at NY City Hall called the Public Oversight Surveillance Technology (POST) Act. It opened a can of worms where some news articles stated the NYPD had built up an arsenal of "cutting-edge military-grade spy tools" without any sort of public oversight. The NYPD went on the offensive using the threat of terrorism to not divulge what technology they were using. In 2018 the TSA tested "passive millimeter wave" technology at New York's Penn Station and in other cities like at LA's Union Station in California by a company called QinetiQ. It's a

see-through device controlled by a police officer viewing a monitor that could be aimed at someone in a busy high traffic area to see objects concealed underneath a person's clothing that may be a weapon or a bomb. Another type of see-through scanner that uses millimeter waves was tested at the World Trade Center Transportation Hub's PATH station by the Port Authority in New York. This was more of a walk through type scanner by a company called Evolv Edge. As you will soon learn millimeter waves are also used in the Active Denial System developed by defense contractor Raytheon. The Active Denial System (ADS) is a type of directed energy weapon (DEW) that can be aimed at a person to inflict unbearable pain allowing the government to use pain compliance methods against people that may not be on a politician's good side or viewed as a "subversive." What I have just demonstrated is that the surveillance state or what some term the Dark Enlightenment is not only the government or law enforcement but contractors in the defense-intelligence industry. It's the neoliberalism of surveillance and national security. The problem with making the surveillance state a for profit industry is over-zealous behavior. People will begin to become targeted by those who need targets to justify expenditures, please a client, or churn a profit.

The Navy Yard Shooter - "Insider Threat"

In 2013 there was news of an active shooter named Aaron Alexis termed the Navy Yard shooter. According to the news Aaron Alexis described electronic harassment that would build up to a psychotic break or his actions were an outcry of desperation because of physical torment he was allegedly going through. Some of what Alexis described very much reflected my own electronic harassment experience, like suffering from sleep deprivation. Alexis even tried seeking help for his sleep deprivation. Other aspects of Alexis case also reflected my harassment such as being stalked by his harassers when trying to move and being somewhat of a loner. Alexis appears to have had behavioral issues described as insubordinate according to descriptions of his military service in the Navy or work history. At the time he worked for a contractor. It makes you wonder if he was labeled an "insider threat" and part of some inside threat risk mitigation program by a private intelligence contractor who had access to directed energy devices. At the time, like in all mass shooting cases, the cop-out excuse or explanation by the media was mental health. The FBI concluded that his claims of electronic harassment were delusional which you'll later learn the media has used to describe targeted individuals. Other notable active shooter cases where

alleged targeting took place are Myron May or the Florida State shooter who thought he was being watched and Esteban Santiago, the Fort Lauderdale Airport shooter who claimed of hearing voices, mind control by the CIA after being deployed in Iraq.

Media Cop-Out Excuses, Poor Reporting

The media portrayal of targeted individuals has not been positive or well researched. I get the impression the mainstream press runs on first impressions. Maybe the weaker media is the product of people buying less print publications or less people watching their local news. A targeted individual or person who believes that they are the victim of covert harassment. i.e. directed energy assaults, being gang-stalked, or harassed with "voice-to-skull" is of course delusional; suffering from mass hysteria the explanation given to the so-called sonic attack on Embassy officials. The attack on US officials or spy's in Cuba was also poor journalism where I guess the term "sonic" stuck because there was a noise element in some reports. It seemed like every week a new natural explanation by the press was given like crickets disturbing Embassy officials sleep - that's even with the affected officials or injured officials being removed, medically examined, with TBN injuries, hearing loss, and later an expert claiming it was some type of

RF weapon was used, there was still an attitude by the press that is just the imagination. The narrative of discrediting targeted individuals is they all suffer from a technophobia and find each other on the internet or believe gangs of people are following them. I'm guessing this has to do with a journalist passively observing online videos while after an internet search. Naturally its the high-brow attitude of being better educated in things like critical thinking; deductive and inductive reasoning and there must be nothing to it or that sort of thing could not be happening. In all honesty, I can see how a person who has not been targeted with cruel technology like directed energy that I experienced may come to this conclusion. The subject matter depicted on the internet crosses the realm of big brother conspiracies, people paranoid over 5G, and smart meters. It's very much an us-against-them mentality during the era of Alex Jones conspiracies. Targeted individual groups on social media tend to be somewhat of a fringe circus. It's true that some people being targeted may not really be targets at all but indeed exhibit mental health issues like paranoia or schizophrenia and see targeted individuals on the internet believing that they are targets themselves. On the other hand, we live in an era of mass surveillance, homeland security/counter-terror bureaucracies that lack any type of

transparency; target-kill drone strikes; G-bay using torture tactics like sleep deprivation - what I experienced and Aaron Alexis described; more militarized police, so the covert use of high-tech weaponry isn't that far-fetched considering the National Institute of Justice (NIJ) wanted to put the pain ray technology in the hands of law enforcement. This is exactly what happened when the The Los Angeles County sheriff's department in 2010 announced they planned to field test the Assault Intervention Device - there was outcry by the ACLU calling such a device "tantamount to torture." Before that Raytheon's Active Denial System (ADS) was planned to be used in the war in Iraq but there were PR concerns over using such a weapon - in light of the Abu Grahb prisoner abuse scandal. The Cuba embassy attacks is an indicator that such technology started to become used clandestinely - both domestically and abroad and one could understand the appeal. It's very much plausible deniability type stuff. The VOICE of GOD weapon or MEDUSSA weapon that beams microwaves at a person's skull to create the sensation of sound inside the head, or what TI's call Voice To Skull, was canceled out of fear of hurting the brain but isn't that what was reported in the so called Cuba embassy sonic attacks? One journalist writing for Vanity Fair confused the Voice of God weapon for a sonic weapon like LRAD. The

who tone of the article was humorous are sarcastic. Many of the articles about targeted individuals by journalist rely on psychological experts from some University when the information regarding actual technology is very lacking. For example WIRED Magazine had an article depicting targeted individuals as delusional yet failed to mention pain ray weapon articles in their own publications from 10 years ago. No article mentioned the Assault Intervention Device tested on prisoners. Sure its old news but it seems relevant to what some targeted individuals are reporting with directed energy assaults. Many suspect that the mainstream media is just a propaganda arm of the intelligence community. This may sound conspiratorial but when apparent abuses or enough people are coming forward and many individual cases are being ignored, such as mine, then it makes you wonder. This is not to side with the current President who seems to want absolute power and is critical of the press but it is something that has been suspected for a long time. It's true that many governments use their media for their own agenda and I'm sure America is no exception.

The Plausible Deniability Factor or Electromagnetic Weapons

The appeal of using directed energy weapons against people is obvious. You see this with

people pointing lasers like a dazzler at airline pilots - something that can get a person in trouble but it still happens. Unlike guns or conventional weaponry directed energy (DE) makes no sound and can be used remotely. Directed energy weapons (DEWs) are termed "the silent weapon." Most directed energy weapons (DEWs) though are associated with military applications like high energy lasers. A short synopsis of the history of directed energy weapons is the military experimented with chemical/gas lasers that can be very powerful - think Co2 laser cutting machines or Ronald Reagan's SDI Star Wars missile defense program using weaponized satellites to shoot powerful beams at nuclear warheads, then in the early part of the 21st century the trend directed energy started moving toward solid state technology because it is smaller, more compact than the big cumbersome chemical lasers. Many targeted individuals refer to directed energy (DE) as the less-than lethal variety or the abuse of non-lethal weapons. Directed energy as a less-lethal weapon would have appeal because of the plausible deniability factor. A conductive energy device like a taser used by law enforcement spurs a lot of controversy. It's very apparent that a non-lethal weapon is being used to try and subdue an unruly suspect because a taser has to make contact with the skin in order to emit a painful jolt of electricity. Directed energy like Raytheon's

pain ray weapon can remotely be aimed at someone. Only the target would feel the painful effects. First this technology developed by Raytheon was a big truck mounted unit powered by a Gyrotron. The Initial purpose was it would be used as a crowd control device like to help disperse an unruly mob or quell a riot. Similar to the LRAD that emits loud audio to disperse crowds. Then Raytheon developed the Silent Guardian derived from the term the silent weapon. This was smaller but still large in size. Around 2007 Wired Magazine started publishing articles that there was a desire to create smaller, more compact pain rays using solid state technology and this was being developed by Sandia National Labs; The National Institute of Justice; Raytheon. The idea was to put smaller, more compact pain ray weapon technology in the hands of law enforcement. In a New Scientist article from 24 December 2008 claimed a portable table top device by the NIJ was developed with the range of less-than a meter and a backpack sized prototype of 15 meters. Mysteriously, talk of smaller pain ray weaponry all but disappeared and fails to be reported by the media. In all likelihood it probably went underground. This has to do with the fear factor radiation weapons have on the public, even if it is non-ionizing radiation like Radio Frequency. So then I believe the plan by those developing and using such technology was to

use it out of the public's eye on selected targets just do to the flak something like the pain ray weapon would receive. Plausible deniability and marginalization could be used to brush off a target's claims.

Technology Can Be Oppressive

The other issue is the dark side of technology that seems to be overlooked in a materialistic world that values so called innovation. Technology can be both liberating and oppressive - like mass surveillance abuses, smart phone/ internet addiction, people abusing lasers pointing them at airline pilots. It may explain why people are disinterested in privacy concerns even in light of scandals like Cambridge Analytica, where ethical concerns were raised over the big social media giants that are run like for-profit corporations - people get a dopamine rush by checking their smart phone, and nothing should get in the way of that feeling or the online world they created for themselves. It seems the lack of tolerance in today's society may have a lot to do with the lack of real human interaction.

The Dehumanizing Effect Of Technology

That brings me to another dark side of technology - it's dehumanizing or dehumanizing effect. A person is more likely to say something cruel or demeaning toward

others hiding behind a device than in-person by looking someone in the eye, or a person is likely to view real violent actions on the internet as entertainment like a Hollywood movie or reality TV with less compassion. Meme's have been made of the Facebook founder depicting him as Data from the science fiction show Star Trek - the human-like android that lacked real emotions. What happens if you allow people to inflict pain or kill someone with a push of a button? What happens when a person can remotely use a directed energy device seeing a radar image of a body behind a wall to inflict pain? Is it the same as really seeing that individual suffer, having compassion for a fellow human being? Then what type of society are we creating when inflicting pain or killing someone is like playing a video game? When things can be conducted secretly, out of the public's eye then who says how much punishment is too much or enough on someone called a target or "rabbit" when due process no longer matters? Then people can be treated as cattle. Their pain or mental anguish can't be felt because the torture is conducted remotely and it's a way for an industry that uses fear, playing up threats to justify spending, the use of new techno weapons, and making money. I believe that is exactly what is happening today. Human rights are being devalued. It's a type of human exploitation by the war-machine that gets more funding from

Washington compiling to the problem.

Getting Cyber-Stalked, Computer Hacked, and Denial of Service DoS attacks

During my UFO forum posting days my laptop (a MacBook) would get sluggish or hot and was clearly being messed around with. Sometimes I would have to restart of my computer would just restart by itself. Computer behavior that wasn't natural. This is also true when on social media sites like Facebook. It always coincided with going to UFO web sites or putting a self published book together of my dad's inventions. It seems hackers that work for big brother and or contractors have backdoor access to your computer or computers like a Mac can be easily hacked into. Contrary to how I was slandered at my job, where all sorts of sinister things were implied, I was never into hacking and had no level of computer expertise. There was nothing on my computer that was worthy of encryption. All of my UFO research came from a public source. My level of understanding of code goes about as far as a junior web developer, things like HTML and Vanilla JavaScript (the language of web browsers). My computer skills would be of no use to our government or any other foreign power. Likewise, my UFO research or forum activity did not contain any secrets. Anyone could go to a UFO web site and read about

UFO cases and create their own UFO database. Did the Pentagon think I was in contact with the Greys? Nope, not that either. My father too who would communicate and send little videos and sketches about his UFO lab concepts on an Apple iPad I bought him would interfere. Once he believed his solar panels were zapped by directed energy and he was skeptical about my directed energy claims. I guess we were easy targets. Here were two guys discussing a subject matter the Pentagon was paranoid about with no level of computer expertise - easy hacks. All of our research didn't require a secrecy classification. For me it was just from looking at UFO literature or web sites and for him it was piddling around with junk and making ionic lifters that would swing back and forth on a wire. Hardly the stuff of Area 51 or Hanger 18 at Wright Patterson Air Force Base or Robert Bigelow's Warehouse in Nevada supposedly holding UFO artifacts.